

EZ Creepin' AB

COPPER KNOB
BY SHEETS

拍數: 24 牆數: 4 級數: Absolute Beginner
編舞者: Sher McIntosh (CAN) - October 2023
音樂: Creepin' - Eric Church



No Tags, No Restarts

Section 1: R Charleston repeated Twice

1 – 4 R Toe point Fwd, R foot step back, L toe point behind, L foot step down
5 – 8 R Toe point Fwd, R foot step back, L toe point behind, L foot step down

Section 2: Walk four times fwd while making 1 / 4 Turn Left, R Charleston

1 – 4 Walk forward (RLRL) and make 1/ 4 turn to the left
5 – 8 R Toe point Fwd, R foot step back, L toe point behind, L foot step down

Section 3: R Step side R while making a dip (bend knees), L together (and straighten up), 4 Hips (LRLR), repeat all from beginning two times

1 – 2 Step R to R side (by bending knees and dipping), L together (and stand back up)
3&4& Sway Hips LRLR rapidly (we did a lot of rapid arm motions here see demo)
5 – 6 Step R to R side (with a dip), L foot together (stand back up)
7&8& Sway Hips LRLR rapidly (feel free to embellish with arm movements for fun!)

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