

# The Rattlin Bog

拍數: 48                      牆數: 4                      級數: Phrased Intermediate  
編舞者: Ole Jacobson (DE) & Nina K. (DE) - October 2023  
音樂: The Rattlin Bog (Remix) (Radio) - Donegal Disko



Sequence: AA,BB,TAG,AAA,BB,TAG,TAG,TAG, AAA,BB,AA

Note: The dance begins after 32 Beats

## A (32 counts)

### [1-8] heel & touch, back & heel & heel & rock across, recover, side, recover

1&2                      Tap R heel diagonally in front - Place RF next to LF - Tap L toe behind R toe  
&3                        Place LF in place - Tap R heel forward  
&4                        Place RF next to LF - Tap L heel forward  
&5,6                     Place LF next to RF - Cross RF over LF, lift LF slightly - Weight back to LF  
7,8                        RF step to the right, lift LF slightly - Weight back to LF

### [9-16] sailor step, sailor turning 1/4 l, step, hitch, coaster-step

1&2                     Cross RF behind LF - LF step to the left - RF step to the right  
3&4                     Cross LF behind RF - ¼ L turn - RF step to the right - LF step forward  
5,6                      RF step forward - Lift L-knees  
7&8                     LF step back - Place RF next to LF - LF step forward

### [17-24] side, recover, behind, side, cross, recover, chasee

1,2                      RF step to the right, lift LF slightly - Weight back to LF  
3,4                      Cross RF behind LF - LF step to the left  
5,6                      Cross RF over LF, lift LF slightly - Weight back to LF  
7&8                     RF step to the right - Place LF next to RF - RF step to the right

### [25-32] cross, side, back, recover, hinge ½ turn r, schuffle across

1,2                      Cross LF over RF - Step RF to right  
3,4                      Cross LF behind RF, lift RF slightly - weight back to RF  
5,6                      ¼ turn R to RF, LF step back - ¼ turn R to LF, RF step to the right  
7&8                     Cross LF over RF - Place RF next to LF - Cross LF over RF (Weight on LF)

## B (16 counts)

### [01-08] point, hold (r+l), together, toe-switches (r+l) toe cross

1,2                      Tap RF to the right - Hold  
&                        RF place next to LF  
3,4                      Tap LF to the left - Hold  
&                        LF place next to RF  
5&6                     Tap RF in front - Place RF next to LF - Tap LF in front  
&                        Place LF next to RF  
7,8                      Tap RF forward - Cross RF in front of LF (only touch the toe of your foot)

### [09-16] shuffle fwd, step ¼ turn r, cross, hold, sideshow across

1&2                      RF step forward - Put LF next to RF - RF step forward  
3,4                      LF step forward - ¼ turn R  
5,6                      Put LF in front of RF - Hold  
&7                        RF small step to the right - Put LF in front of RF  
&8                        RF small step to the right - Put LF in front of RF (Weight on LF)

## TAG:

kick,ball, cross

1&2                    Kick RF forward - Put RF next to LF - Cross LF over RF (Weight on LF)

**Finish: After the last A, stomp RF forward**

**Last Update - 11 Oct. 2023 - R1**

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