

Roses

拍數: 32 牆數: 4 級數: Beginner
編舞者: Laura Rittenhouse (AUS) - October 2023
音樂: Roses - Andrew Ripp



Start after 32 beats to fast tempo of 136 BPM

This dance feels a bit like a waltz with holds on counts 4 & 8 of each sequence.
The steps are often familiar waltz steps (with an extra hold).

S1: WALK FORWARD AND BACK 3 STEPS AND HOLD (this feels like a basic waltz fwd & back)

1,2,3,4 Walk fwd R, L, R, Hold
5,6,7,8 Walk back L, R, L, Hold

S2: SAMBA R OVER L THEN L OVER R (this feels like twinkles or cross waltzes)

1,2,3,4 Cross R over L, Step L beside R, Step R in place, Hold
5,6,7,8 Cross L over R, Step R beside L, Step L in place, Hold

S3: WEAWE L, STEP & DRAG L ENDING WITH WEIGHT ON R

1,2,3,4 Cross R over L, Step L beside R, Step R behind L, Hold
5,6,7,8 Step L to L, Drag R beside L, Step with weight to R foot, Hold

S4: WEAWE R, TURN ¼ L WITH STEP & DRAG R, STEP ON L

1,2,3,4 Cross L over R, Step R beside L, Step behind R, Hold
5,6,7,8 Turn ¼ L stepping R to R (9:00), Drag L beside R, Step with weight to L foot, Hold