

Rocky Top (L/P)

拍數: 22 牆數: 0 級數: Beginner - Circle
編舞者: Ed Adams (USA) - October 2023
音樂: Rocky Top - Conway Twitty
或: Rolling in My Sweet Baby's Arms - Boxcar Willie
或: Tall, Tall Trees - Alan Jackson



Note: This dance may be done individually or as a partner dance in sweetheart or cape position. The steps are the same for both partners.
The dance moves in a counter-clockwise circle.

Alternate Music:

Rollin' In My Sweet Baby's Arms by Box Car Willie 2:30

Tall, Tall Trees by Alan Jackson (Slower, for practice) 2:29

(All of the music listed is available from Amazon.com)

Part 1. HEEL TOUCH, TOGETHER

1-2 Touch left heel forward, Step together

Part 2. RIGHT BACK ROCK, RECOVER, SCUFF, CROSS LEFT BACK ROCK, RECOVER, SCUFF, CROSS

1-2 Rock back on right foot, Recover on left foot

3-4 Scuff right foot forward, Cross right foot over left

5-6 Rock back on left foot, Recover on right foot

7-8 Scuff left foot forward, Cross left foot over right

Part 3. STEP RIGHT, STOMP LEFT TOGETHER, TOUCH LEFT HEEL FORWARD, HOOK LEFT OVER RIGHT

1-2 Step right foot to the right, Stomp left foot next to right (no weight on it)

3-4 Touch left heel forward, Hook left foot over right lower leg

Part 4. SHUFFLE LEFT FORWARD, WALK, WALK, SHUFFLE RIGHT FORWARD, WALK, WALK

1&2 Step left foot forward, Slide right foot next to left, Step left foot forward

3-4 Step right foot forward, Step left foot forward

5&6 Step right foot forward, Slide left foot next to left, Step right foot forward

7-8 Step left foot forward, step right foot forward

Begin Again.
