

River Lady

拍數: 112 牆數: 1 級數: Phrased Intermediate
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音樂: River Lady - Roger Whittaker



Intro: 24 Counts

Sequence: A B (32) B Tag A B (32) B B (32) B B Ending

Part A: 64C

S1: [1-8] Rumba Box R&L

1-4 R Step side (1) L together (2) R Step fwd (3) L Touch (4),
5-8 L Step side (5) R Together(6) L Step fwd (7) R Touch (8).

S2: [9-16] Triple Step R and L (slightly diagonal)

1-4 R Step side [2:30] (1) L Together (2) R Step side (3) L Touch/ R (4)[12.00]
5-8 LStep side [9.30] (5) R Together (6) L Step side (7) R Touch /L (8) [12.00]

S3: [17-24] Lock Steps back R&L

1-2 Body angel up to [1.30] R Step bwd (1) L Step crossing over R (2)
3-4 R Step bwd (3) hold (4 [12.00])
5-6 L Step bwd (5) Body angel up to [10.30] R step crossing over L (6)
7-8 LStep bwd (7) hold (8) [12.00]

S4: [25-32] R Coaster Step Skate L&R Touch

1-4 R Step bwd (1) L Step bwd next to R (2) R Step fwd (3) hold (4)
5-8 L slide diagonal fwd hold (5,6) R slide diagonal fwd (7)L Touch (8).

[S5-S8]: Repeat (S1-S4) with start to the left side

Part B: 48 C

S1: [1-8] Heel, Toe, Twist to R kick, hook, kick, flick, stomp L

1-4 R Step twist heels R (1) twist toes R (2) Twist heels R (3) kick L diagonal (4)
5-8 Hook L over R (5) kick L diagonal (6) Flick L heel (7) stomp L to R

S2: [9-16] Heel, Toe, Twist to L, kick, hook, kick, flick, stomp up R
Repeat Steps to the left side with stomp up R beside L.

S3: [17-24] Grapevine R&L

1-2 R Step to right side(1) L Cross behind R (2)
3-4 R Step to right side(3) touch L beside right(4)
5-6 L Step to left side(5)R Cross behind L(6)
7-8 L Step to left side(7) touch R beside left(8)

S4: [25-32] Skate R L R L touch

1-4 Skate R ball fwd diagonal (1,2) Skate L ball fwd diagonal (3,4)
5-8 Skate R ball fwd diag. (5,6) Skate L ball fwd diag. (7) touch R beside L (8)

Restart B (32)

S5: [33-40] R Kick, cross, Step back, Step side R+L

1-2 R leg kick fwd (1) R cross over L (2)
3-4 L Step bwd slightly diagonal (3) R Step right side slightly diagonal (4)
5-6 L leg kick fwd (5) cross over R (6)
7-8 R Step bwd slightly diagonal (7) L Step left side slightly diagonal (8)

S6: [41-48] R Cross turn left 1/2, twice

- 1-4 R Step cross over left hold (1, 2) weight on L ½ turn left hold (3,4)
5-8 R Step cross over left hold (5,6) 1/2 turn over left hold (7,8) weight on L.

Tag: 16 C Modified Figure of 8

[1-8]

- 1-2 R Step to right side (1)L cross behind R (2)
3-4 1/4 turn right/ R Step fwd hold (3,4) [3.00]
5-6 L Step fwd (5) 1/2pivot right (6) [9.00]
7-8 ¼ turn right L Step to left side(7) [12.00] hold (8)

[9-16]

- 1-2 R Cross behind left(1) 1/4 turn left [9.00]/ L Step fwd (2)
3-4 R Step fwd ½ pivot left (3,4) [3.00]
5-6 1/4 turn left R Step to right side[12.00] with sway hold (5,6)
7-8 Sway left (7) touch R beside left (8).
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