

# If I Were A Cowboy (P)

COPPERKNOB  
BY STEPHENETS

拍數: 32      牆數: 0      級數: Partner Circle Dance  
編舞者: Jim Ray (USA) - October 2023  
音樂: If I Was a Cowboy - Miranda Lambert



## Hold 16 - And Start

COUPLES IN A CIRCLE, MAN IS BEHIND WOMAN, HANDS OUT TO THE SIDES HOLDING HER HANDS  
FACING OUT, BOTH ON LEFT FOOT  
( ROCK RIGHT FOOT TO THE RIGHT, BACK TO LEFT, MOVING LEFT STEP RIGHT IN FRONT, LEFT TO  
LEFT, RIGHT IN FRONT

1,2            Both Rock Right Foot To The Right, Both Shift Wt. Back To Left  
3&4            Moving Left, Step Right In Front, Left To Left, Right In Front

BOTH ROCK LEFT TO LEFT, SHIFT WT. BACK TO RIGHT TURNING A 1/4 TURN RIGHT, MAN LIFTING  
WOMANS LEFT HAND OVER HER HEAD, STEPPING LEFT, RIGHT, LEFT TURN A 3/4 TURN RIGHT,  
FACING LINE OF DANCE, MANS LEFT HANDS BEHIND HIM, TAKING HER RIGHT HAND IN FRONT OF  
HER, WITH HIS RIGHT HAND

5,6            Both Rock Left Foot Left, Both Shift Wt. To Right Turning A 1/4 Right

**Man Lifts Left Hands Up To Go Over Girls Head**

7&8            Both Turn A 3/4 Turn Right, Stepping Left, Right, Left, Mans Left Hand Going Over Girls  
Head And Down, Both Facing Line Of Dance

**Mans And Womans Left Hands Behind Him Waist High, Righ Hands In Front Of Woman**

BOTH ROCK BACK, FACING LINE OF DANCE NOW,  
MAN TURNS WOMAN TO RIGHT, WITH HIS RIGHT HAND, A FULL TURN  
FACING LINE OF DANCE AGAIN, NOW IN SWEETHEART POSITION, BOTH  
ROCK LEFT FOOT FORWARD, SHIFT WT. BACK TO RIGHT, AS MAN STEPS LEFT, RIGHT, LEFT, HE  
TURNS WOMAN TO THE LEFT A FULL TURN,  
BACK IN SWEET HEART POSSITION

1,2            Both Rock Right Back, Shift Wt. Forward To Right  
3&4            Man Turns Woman With Right Hand To Right, Stepping Right, Left Right A Full Turn, Now  
Back In Sweetheart Possition, Facing Line Of Dance  
5,6            Both Rock Left Foot Forward, Shift Wt. Back To Right Foot  
7&8            As Man Steps Left, Right, Left He Turns Woman To Left A Full Turn  
**As She Steps Left, Right, Left, Facing Line Of Dance Again, In Sweetheart**

LOCK STEPS FORWARD, RIGHT, LEFT BEHIND, RIGHT, LEFT BEHIND, RIGHT

1,2            Both Man And Woman Right Forward, Left Behind Right  
3&4            Both Man And Woman Right, Left Behind, Right

BOTH STEP LEFT FORWARD, MAN TURN WOMAN A 1/4 RIGHT, MAN ALSO TURNS A 1/4 RIGHT, WITH  
HIS LEFT HAND OVER HER HEAD, THEN TURNS HER ANOTHER 1/2 TO THE RIGHT, BRINGING  
HANDS DOWN IN FRONT, AS YOU BOTH STEP LEFT, RIGHT, LEFT

5,6            Both Step Left Forward, Man Turns Both A 1/4 To The Right

**Man Turns Woman With His Left Hand Over Her Head**

7&8            Man Continues Turning Woman A 1/2 Turn Right,

**As He Stayes In Place Both Stepping Left, Right, Left**

**Now Facing Each Other, Hands Crossed Mans Left On Top**

**Womans Back To Outside Line Of Dance, Mans Back To Inside Line Of Dance**

MAN LIFTS LEFT HANDS UP AS HE MOVES IN FRONT OF GIRL TO HER RIGHT SIDE, DROPIG RIGHT  
HANDS BEHIND HIM, NOW FACING LINE OF DANCE, MANS LEFT HAND IN FRONT OF WOMAN WAIST  
HIGH, RIGHT HANDS BEHIND MAN WAIST HIGH

1,2 Man Lifts Left Hands Over His Head And Steps In Front Of Woman While Dropping Right Hands Behind Him, And Steps Left To Finish Crossing To Womans Right Side

3&4 Man Turns Left, Woman Turns Right Stepping Right, Left, Right

**Now Facing Line Of Dance, Left Hands In Front Of Woman, Right Hands Behind Mans Back Waist High**

**MAN PULLS WOMANS LEFT HAND, KEEPING HANDS WAIST HIGH, AND TURNS HER A TURN AND A 1/4 TO THE RIGHT, AS HE MOVES UP BEHIND HER, FACING OUTSIDE LINE OF DANCE, RIGHT HANDS OUT RIGHT SIDE, LEFT HANDS OUT TO LEFT SIDE**

5,6 Man Pulls Womans Left Hand Start Turning Her Right, Man Starts Moving Up Behind Girl, Stepping Left, Right

7&8 Man Keeps Turning Woman To Finish A Turn And A Quarter To Right, As He Moves Up Behind Her, Stepping Left, Right, Left, Now Man Behind Woman Both Facing Outside Line Of Dance, Right Hands Out To Right Side, Left Hands Out To Left Side, Ending Both On Left Foot

**( START OVER )**

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