

Lay Down Sally

COPPER KNOB
STEPPERS

拍數: 64 牆數: 4 級數: Improver
編舞者: Larry Brancheau (USA) - October 2023
音樂: Lay Down Sally - Eric Clapton



Intro: 32 Counts & start with music

Part A: Music & Verses

Heel, Toe, Heel, Toe, Out, In, Out, In

1-4 Touch R heel, touch R toe, touch R heel, touch, R toe
5-8 Touch R toe side, touch R toe together, touch R toe side, step R together

Heel, Toe, Heel, Toe, Out, In, Out, In

1-4 Touch L heel, touch L toe, touch L heel, touch L toe
5-8 Touch L toe side, touch L toe together, touch L toe side, step L together

Forward Mambo, Back Mambo

1&2 Rock R forward, recover L, step R together
3&4 Rock L back, recover R, step L together

Side Mambo, ¼ Turn Sailor Step

5&6 Rock R side, recover L, touch R together
7&8 Step L behind, ¼ turn left, step R, step L

Repeat

The sung verses drop the last section in the 2nd verse.
Go directly to Part B.

Part B: Refrain 'Lay Down Sally' (Always done after the sung verses)

(16 Counts – turning right, dance to the corners, then proceed to the 16 counts of the 2nd section of Part B)

Side, Side, ¼ Turn Coaster Step

1-2 Step R side, step L side
3&4 Step R back, step L together, step R forward (execute ¼ turn with the 3 steps)
5-6 Step L side, step R side
7&8 Step L back, step R together, step L forward (execute ¼ turn with the 3 steps)

Repeat once, returning to line of dance

Side, Side, Coaster Step, ½ Pivot, Shuffle

1-2 Step R side, step L side
3&4 Step R back, step L together, step R forward
5-6 Step L forward, ½ turn right, step R
7&8 Shuffle forward LRL

Repeat once, returning to line of dance

Go Back to Part A

Note:

After the 3rd time dancing to part B, even though 'Lay Down Sally' is sung immediately again, Go back to Part A.