

# Lay Down Sally

**COPPER KNOB**  
STEPPERS

拍數: 64      牆數: 4      級數: Improver  
編舞者: Larry Brancheau (USA) - October 2023  
音樂: Lay Down Sally - Eric Clapton



Intro: 32 Counts & start with music

## Part A: Music & Verses

### Heel, Toe, Heel, Toe, Out, In, Out, In

1-4      Touch R heel, touch R toe, touch R heel, touch, R toe  
5-8      Touch R toe side, touch R toe together, touch R toe side, step R together

### Heel, Toe, Heel, Toe, Out, In, Out, In

1-4      Touch L heel, touch L toe, touch L heel, touch L toe  
5-8      Touch L toe side, touch L toe together, touch L toe side, step L together

### Forward Mambo, Back Mambo

1&2      Rock R forward, recover L, step R together  
3&4      Rock L back, recover R, step L together

### Side Mambo, ¼ Turn Sailor Step

5&6      Rock R side, recover L, touch R together  
7&8      Step L behind, ¼ turn left, step R, step L

Repeat

The sung verses drop the last section in the 2nd verse.  
Go directly to Part B.

**Part B: Refrain 'Lay Down Sally' (Always done after the sung verses)**  
(16 Counts – turning right, dance to the corners, then proceed to the 16 counts of the 2nd section of Part B)

### Side, Side, ¼ Turn Coaster Step

1-2      Step R side, step L side  
3&4      Step R back, step L together, step R forward (execute ¼ turn with the 3 steps)  
5-6      Step L side, step R side  
7&8      Step L back, step R together, step L forward (execute ¼ turn with the 3 steps)

Repeat once, returning to line of dance

### Side, Side, Coaster Step, ½ Pivot, Shuffle

1-2      Step R side, step L side  
3&4      Step R back, step L together, step R forward  
5-6      Step L forward, ½ turn right, step R  
7&8      Shuffle forward LRL

Repeat once, returning to line of dance

Go Back to Part A

### Note:

After the 3rd time dancing to part B, even though 'Lay Down Sally' is sung immediately again, Go back to Part A.