

# At Your Worst

COPPER KNOB  
STEPSHEETS

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Hiroko Carlsson (AUS) - October 2023  
音樂: At Your Worst - Calum Scott



(Dance starts on the word "worst")

## [S1] Step-Pivot 1/4R, Triple 1/2L Turn, Fwd Rock, Triple 3/4R Turn

1 2            Step forward on L, Make a ¼ turn right recover weight on R (3:00)  
3&4           Step forward on L/slightly cross, Make a ¼ turn left stepping slightly back on R, Make a ¼  
                 turn left stepping L beside R (9:00)  
5 6            Rock forward on R, Replace weight on L  
7&8           Make a ½ turn right stepping forward on R, Make a ¼ turn right stepping L beside R, Step R  
                 next to L (6:00)

## [S2] Point, Hold, &-Point-&-Point, Touch Behind-Unwind 1/2L, Point-&-Point

1 2&           Point L to the side, Hold, Step L next to R  
3&4           Point R to the side, Step R next to L, Point L to the side  
5 6            Touch L behind R, Unwind ½ turn left recover weight on L (12:00)  
7&8           Point R to the side, Step R next to L, Point L to the side

## [S3] Behind-1/4R Shuffle Fwd-Step-Pivot 1/2R-1/2R Shuffle Back-Together

1              Step L behind R  
2&3           Making a ¼ turn right shuffle forward on R-L-R (3:00)  
4 5            Step forward on L, Make a ½ turn right recover weight on R (9:00)  
6&7           Making a ½ turn right shuffle back on L-R-L (3:00)  
8              Step R next to L

## [S4] Side-Behind-1/4L Shuffle Fwd-Step-Pivot 3/4L-Side Shuffle

1 2            Step L to the side, Step R behind L  
3&4           Making a ¼ turn left shuffle forward on L-R-L (12:00)  
5 6            Step forward on R, Make a ¾ turn left recover weight on L (3:00)  
7&8           Side shuffle to the right on R-L-R

## [S5] Behind-Point, Behind-Point, Behind-Point, Samba 1/4R Turn

1 2            Step L behind R, Point R to the side  
3 4            Step R behind L, Point L to the side  
5 6            Step L behind R, Point R to the side  
7&8           Step forward on R, Make a ¼ turn right stepping L to the side (6:00), Replace weight on R

## [S6] Heel Touch Cross-Side, Heel-Ball Fwd, Step-Pivot 1/4R, Fwd, Fwd

1 2            Touch L heel over R, Touch L heel diagonally left-forward  
3&4           Touch L heel forward, Ball step L in place, Step forward on R  
5 6            Step forward on L, Make a ¼ turn right recover weight on R (9:00)  
7 8            Walk forward on L-R

## [S7] Fwd Rock, 1/2L Turning Shuffle Fwd-1/2L Turning Shuffle Back, Back Rock

1 2            Rock forward on L, Replace weight on R  
3&4           Making a ½ turn left shuffle forward on L-R-L (3:00)  
5&6           Making a ½ turn left shuffle back on R-L-R (9:00)  
7 8            Rock back on L, Replace weight on R

## [S8] Step-Pivot 1/2R, 1/2R Turning Shuffle Back-1/2R Turning Shuffle Fwd, Step-Pivot 1/2R

- 1 2 Step forward on L, Make a ½ turn right recover weight on R (3:00)
- 3&4 Making a ½ turn right shuffle back on L-R-L (9:00)
- 5&6 Making a ½ turn right shuffle forward on R-L-R (3:00)
- 7 8 Step forward on L, Make a ½ turn right recover weight on R (9:00)

**No tags or restarts.**

**Ending suggestion: The last wall ends facing 6:00, make a swift ½ turn right stepping back on L (12:00)**

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