

At Your Worst

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Hiroko Carlsson (AUS) - October 2023
音樂: At Your Worst - Calum Scott



(Dance starts on the word "worst")

[S1] Step-Pivot 1/4R, Triple 1/2L Turn, Fwd Rock, Triple 3/4R Turn

1 2 Step forward on L, Make a ¼ turn right recover weight on R (3:00)
3&4 Step forward on L/slightly cross, Make a ¼ turn left stepping slightly back on R, Make a ¼
 turn left stepping L beside R (9:00)
5 6 Rock forward on R, Replace weight on L
7&8 Make a ½ turn right stepping forward on R, Make a ¼ turn right stepping L beside R, Step R
 next to L (6:00)

[S2] Point, Hold, &-Point-&-Point, Touch Behind-Unwind 1/2L, Point-&-Point

1 2& Point L to the side, Hold, Step L next to R
3&4 Point R to the side, Step R next to L, Point L to the side
5 6 Touch L behind R, Unwind ½ turn left recover weight on L (12:00)
7&8 Point R to the side, Step R next to L, Point L to the side

[S3] Behind-1/4R Shuffle Fwd-Step-Pivot 1/2R-1/2R Shuffle Back-Together

1 Step L behind R
2&3 Making a ¼ turn right shuffle forward on R-L-R (3:00)
4 5 Step forward on L, Make a ½ turn right recover weight on R (9:00)
6&7 Making a ½ turn right shuffle back on L-R-L (3:00)
8 Step R next to L

[S4] Side-Behind-1/4L Shuffle Fwd-Step-Pivot 3/4L-Side Shuffle

1 2 Step L to the side, Step R behind L
3&4 Making a ¼ turn left shuffle forward on L-R-L (12:00)
5 6 Step forward on R, Make a ¾ turn left recover weight on L (3:00)
7&8 Side shuffle to the right on R-L-R

[S5] Behind-Point, Behind-Point, Behind-Point, Samba 1/4R Turn

1 2 Step L behind R, Point R to the side
3 4 Step R behind L, Point L to the side
5 6 Step L behind R, Point R to the side
7&8 Step forward on R, Make a ¼ turn right stepping L to the side (6:00), Replace weight on R

[S6] Heel Touch Cross-Side, Heel-Ball Fwd, Step-Pivot 1/4R, Fwd, Fwd

1 2 Touch L heel over R, Touch L heel diagonally left-forward
3&4 Touch L heel forward, Ball step L in place, Step forward on R
5 6 Step forward on L, Make a ¼ turn right recover weight on R (9:00)
7 8 Walk forward on L-R

[S7] Fwd Rock, 1/2L Turning Shuffle Fwd-1/2L Turning Shuffle Back, Back Rock

1 2 Rock forward on L, Replace weight on R
3&4 Making a ½ turn left shuffle forward on L-R-L (3:00)
5&6 Making a ½ turn left shuffle back on R-L-R (9:00)
7 8 Rock back on L, Replace weight on R

[S8] Step-Pivot 1/2R, 1/2R Turning Shuffle Back-1/2R Turning Shuffle Fwd, Step-Pivot 1/2R

- 1 2 Step forward on L, Make a ½ turn right recover weight on R (3:00)
- 3&4 Making a ½ turn right shuffle back on L-R-L (9:00)
- 5&6 Making a ½ turn right shuffle forward on R-L-R (3:00)
- 7 8 Step forward on L, Make a ½ turn right recover weight on R (9:00)

No tags or restarts.

Ending suggestion: The last wall ends facing 6:00, make a swift ½ turn right stepping back on L (12:00)
