Happy Face

COPPER KNOE

拍數: 96

級數: Beginner/Improver

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牆數:2

音樂: Happy Face - Jagwar Twin

Intro – : 8 Counts

PART A 32count

Sec 1. Both toe out, heel out, toe out, heel out X 2

- 1, 2 Both toe out to R, both heel out to R
- 3, 4 Both toe out to R, both heel out to R
- 5, 6 Both heel out to L, both toe out to L
- 7,8 Both heel out to L, both toe out to L

Sec 2. Fwd walk X 4, back X 8

- 1 2 Step Rf fwd, step Lf fwd
- 3, 4 Step Rf fwd, step Lf fwd
- 5& 6& Step Rf back, step Lf back, Step Rf back, step Lf back
- 7& 8& Step Rf back, step Lf back, Step Rf back, step Lf back

Sec 3. Side, side, side shuffle X 2

- 1, 2 Step Rf to R side, step Lf to L side
- 3 & 4 Step Rf to R side, step Lf together, step Rf to R side
- 5, 6 Step Lf to L side, step Rf to R side
- 7 & 8 Step Lf to L side, step Rf to together, step Lf to L side

Sec 4. Jump, bounce, bounce, bounce X 2 (shake your arms inwards and outwards)

- 1, 2 Jump in place, bounce
- 3,4 Bounce, bounce
- 5, 6 Jump in place, bounce
- 7,8 Bounce, bounce

PART B 32 count

Sec 1. Both toe out, heel out, toe out, heel out X 2

- 1, 2 Both toe out to R, both heel out to R
- 3, 4 Both toe out to R, both heel out to R
- 5, 6 Both heel out to L, both toe out to L
- 7,8 Both heel out to L, both toe out to L

Sec 2. Hitch twice, (shake your body)1/4turn R

- 1 4 Hitch Lf twice
- 5 8 1/4turn R shake your body

Sec 3. Flick, flick, flick, both heel out, both heel in X 4

- 1& 2& Flick Lf, Lf together, flick Rf, Rf together
- 3& 4& Repeat
- 5& 6& Both heel out, both heel in, Both heel out, both heel in
- 7& 8& Both heel out, both heel in, Both heel out, both heel in

Sec 4. Side kick X 4, 1/2turn L walk around

1& 2& Kick Rf to R side, Rf together, Kick Lf to L side, Lf together

- 3& 4& Kick Rf to R side, Rf together, Kick Lf to L side, Lf together
- 5& 6& 1/4turn L walk around
- 7& 8& 1/4turn L walk around

PART C 32 count (see video)

Sec 1. Body wave

1 – 8 Body wave (8count -> head down)

Sec 2. Hold(3counts), head raise, right arm side, left arm side, both hands shake

- 1 4 Hold(3counts), head raise
- 5 6 Right arm to the right, left arm to the left
- 7 8 Both hands shake

Sec 3. Left head turn, right head turn

- 1 4 Turn your head to the left
- 5 8 Turn your head to the right

Sec 4. Side, together, side shuffle X 2

- 1 2 Step Rf to R side, Lf together
- 3 & 4 Step Rf to R side, step Lf together, step Rf to R side
- 5, 6 Step Lf to L side, step Rf together,
- 7 & & Step Lf to L side, step Rf together, step Lf to L side

Tag : PART A SEC 4 REPEAT