

# Easy on a Heart

COPPER KNOB  
STEPPERS

拍數: 40      牆數: 2      級數: Improver  
編舞者: Jim Sandham (UK) - October 2023  
音樂: Easy On A Heart - Alex Hall



Intro : 24 counts

## Section 1 Side Together, Side Chasse, Cross Rock, Side Chasse

1-2            step right to right side, step left to right  
3&4           right step side, left together, right step side  
5-6           cross left over right, recover onto right  
7&8           left step to side, right together, left step side

## Section 2 Weave left, cross rock, ¼ turn shuffle

1-2            cross right over left, step left to side  
3-4            cross right behind left, step left to side  
5-6            cross right over left, recover onto left  
7&8            ¼ turn right stepping right, left right

## Section 3 Cross Point, Cross Point, Jazzbox

1-2            cross left over right, point right to side  
3-4            cross right over left, point right to side  
5-6            cross left over right, step back on right  
7-8            step left beside right, touch right beside left

## Section 4 Right Shuffle, Rock Recover, ¾ turn Shuffle

1&2            step right forward, left together, right forward  
3-4            rock forward on left, recover onto right  
5&6            ¾ turn left stepping left, right, left  
7-8            rock forward right, recover onto left

## Section 5 ½ turn Shuffle, ½ turn Shuffle, Rock Recover, Walk Walk

1&2            ½ turn shuffle right stepping right, left, right \*\*\*  
3&4            ½ turn shuffle right stepping left, right, left  
5-6            rock back on right recover onto left  
7-8            walk forward right, left

Alternative steps for 1-4 right shuffle back, left shuffle back