Lovin' Where It's Goin'

拍數: 32

級數: Beginner

編舞者: Glynn Rodgers (UK) - September 2023

音樂: Lovin' Where It's Goin' - Josh Ward

Phrasing - No tags or restarts. (Rotates Anti-Clockwise)

Note: I wrote this dance for my absolute beginners class which started in May 2023. I wanted a little dance to introduce them to coaster steps, however most I found seemed to have only 1 or 2. I wrote this with 4 coaster steps so they can really get a hang of them quickly. There are also two kick-ball-changes, however we previous did these in "Ski Bumpus". The song is a great country song and I can't help but get in to the groove!

[1-8] Rock Step, Coaster Step (Right & Left)

- Step forward on to right foot, recover weight back on to left foot. 1-2
- 3&4 Step back right, step on ball of left foot beside right, step forward on right foot.
- 5-6 Step forward on to left foot, recover weight back on to right foot.
- 7&8 Step back left, step on ball of right foot beside left, step forward on left foot.

Add some hip rolls on your rocks for added style!

[9-16] Point Forward, Side, Coaster Step (Right & Left)

- 1-2 Point right toes forward, point right toes to right side.
- 3&4 Step back right, step on ball of left foot beside right, step forward on right foot.
- 5-6 Point left toes forward, point left toes to left side.
- 7&8 Step back left, step on ball of right foot beside left, step forward on left foot.

[17-24] Grapevine Right, Hip Bumps, ¼ Step, Hitch.

- 1-2 Step right to right side, cross left behind right.
- 3-4 Step right to right side, touch left toes beside right.
- 5-6 Step left to left side bumping hips left, bump hips right.
- 7-8 Turn ¹/₄ left stepping forward on left foot, hitch right knee.

[25-32] Handbag Steps (Right & Left), Kick Ball Change x2.

- Step right to right side, touch left toes beside right. 1-2
- 3-4 Step left to left side, touch right toes beside left.
- 5&6 Kick right foot forward, step on ball of right beside left, step left to place.
- 7&8 Kick right foot forward, step on ball of right beside left, step left to place.

Start again and enjoy! No tags or restarts.

Optional Ending - on the last wall, you will finish your kick ball changes facing 9:00 -Make a ¼ turn to the front wall crossing right over left and pose! (see my demo video)





牆數:4