Midnight Ladies



拍數: 32 牆數: 4 級數: Low Intermediate

編舞者: Gerry Bekkers (NL) - September 2023

音樂: Bottle Top Bars and Midnight Ladies - James Lynas



RESTART : RESTART AT WALL 7 (6 O'CLOCK) YOU ONLY DO 16 COUNTS AND RESTART THE DANCE, TAG : AFTER EVERY SECOND TIME YOU DO THE TAG OFF 4 COUNTS (WALLS 6 & 12 O'CLOCK)

Start dance after 20 count intro. ("Bottle" top bars)

[1-8] HEEL SWITCHES; RIGHT-TOGETHER-LEFT-TOGETHER, ROCKING CHAIR BACK

1 RF touch with heel forward

2 RF step next LF

3 LF touch with heel forward

4 LF step next RF
5 RF rock behind
6 LF recover weight
7 RF rock behind
8 LF recover weight

9-16 RIGHT SIDE TOE STRUT, ½ TURN LEFT, LEFT SIDE TOE STRUT,

RIGHT TOE STRUT, ½ TURN RIGHT, LEFT TOE STRUT

1 RF step on toe to right side

2 RF drop heel down

3 Turn on RF ½ Leftwise, and LF step on toe Left side

4 LF drop heel down

5 RF step on toe to right side

6 RF drop heel down

7 Turn on RF ½ Rightwise, and LF step on toe Left side

8 LF drop heel down

RESTART – ONLY HERE DURING WALL 7 AFTER COUNT 16 START AGAIN WITH THE DANCE (6 O'CLOCK, START AGAIN WITH COUNT 1)

[17-24] RIGHT STEP BACK, LEFT TOUCH CROSS, LEFT STEP FORWARD, RIGHT SCUFF, RIGHT STEP FORWARD, TURN ½ LEFT WITH LEFT FOOT HITCH, TURN ½ LEFT, LEFT FORWARD, RIGHT HITCH

1 RF step behind

2 LF touch toe across in front of RF

3 LF step forward
4 RF scuff forward
5 RF step forward

6 Turn on RF ½ Leftwise, with LF hitch knee up

7 Turn on RF ½ Leftwise, LF step forward

8 RF hitch knee up

[25-32] RIGHT SIDE, LEFT CROSS OVER, RIGHT SIDE, LEFT HEEL FORWARD, LEFT SIDE, RIGHT CROSS OVER, LEFT WITH 1/4 TURN RIGHT, RIGHT TOUCH TOGETHER

1	RF step to right side
2	LF step across over RF
3	RF step to right side
4	LF touch heel forward
5	LF step to left side
6	RF step across over LF

- 7 On RF make ¼ Turn Rightwise, and LF step behind
- 8 RF touch next LF

TAG - AFTER EVERY SECOND TIME DOING THE FULL DANCE YOU DO THE TAG OFF 4 COUNTS (WALLS 6 & 12 O'CLOCK) :

RIGHT SIDE, TOUCH LEFT TOGETHER WITH CLAP HANDS, LEFT SIDE, TOUCH RIGHT TOGETHER WITH CLAP HANDS

- 1 RF step to right side
- 2 LF touch next RF and clap in your hands
- 3 LF step to left side
- 4 RF touch next LF and clap in your hands

Begin Again