

Mindset

COPPER KNOB
BY STEPHEN M. T. S.

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Diana Oglesby (USA) - September 2023
音樂: Mindset - Alex Angelo



Intro: 16 counts (start on word "green"), start with weight on L
Restart on wall 4 after 24 counts, facing 12:00

S1 (1-8) ROCK R SIDE, RECOVER, ROCK R OVER, RECOVER, R SIDE SHUFFLE, ROCK L BACK, RECOVER

1-4 Rock R side (1), recover to L (2), rock R over L (3), recover to L (4)
5&6-7-8 Step R side (5), step L together (&), step R side (6), rock L back (7), recover to R (8)

S2 (9-16) L FWD, ½ TURN R, ½ R TURNING SHUFFLE, R BACK SHUFFLE, ROCK L BACK, RECOVER

1-2-3&4 Step L forward (1), pivot ½ R (weight to R) (2), ½ R turning shuffle L-R-L (3&4)
5&6-7-8 Step R back (5), step L together (&), step R back (6), rock L back (7), recover to R (8)

S3 (17-24) STEP L SIDE, TOUCH R TOGETHER, STEP R SIDE and TURN ¼ L, DRAG L TO R, L BACK COASTER, WALK-WALK R-L

1-4 Step L side (1), touch R together (2), step R side and turn ¼ L (3), drag L to R (4)
5&6-7-8 Step L back (5), step R back (&), step L forward (6), step R forward (7), step L forward (8)

Restart here on wall 4, facing 12:00

S4 (25-32) POINT R FWD, POINT R SIDE, CROSS R BEHIND, L SIDE, R OVER, ROCK L SIDE, RECOVER, CROSS L BEHIND

1-4 Point R forward (1), point R side (2), cross R behind (3), step L side (4)
5-8 Step R over (5), rock L side (6), recover to R (7), cross L behind (8)

Repeat

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