

# Tiger Hips

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Ryan Hunt (UK) - September 2023  
音樂: One More Time - LIAMOO



**Intro: 16 counts (after 8 seconds), on lyrics**

## Side, Behind, Side, Cross, Paddle 1/8, Paddle 1/8

1-4            Step R to R side (1), Cross L behind R (2), Step R to R side (3), Cross L over R (4)  
5-6            Rock R to R side (5), Recover weight onto L as you make 1/8 turn L (6) [10:30]  
7-8            Rock R to R side (7), Recover weight onto L as you make 1/8 turn L (8) [9:00]

**Note Engage hips on counts 5-8 (especially on chorus!)**

## Rock, Recover, Shuffle 1/2, 1/2 Back, Kick, Coaster Step

1-2            Rock forward on R (1), Recover back onto L (2)  
3&4            Make 1/4 turn R stepping R to R (3) [12], Close L next to R (&), Make 1/4 turn R stepping forward R (4) [3]  
5-6            Make 1/2 turn R stepping back on L (5) [9], Kick R forward (6)  
7&8            Step back on R (7), Close L next to R (&), Step forward on R (8)

## Cross Rock, Recover, 1/4 Shuffle, Side Rock, Recover, Samba Step

1-2            Cross Rock L over R (1), Recover back onto R (2)  
3&4            Make 1/4 turn L stepping forward on L (3) [6], Close R next to L (&), Step forward on L (4)  
5-6            Rock R to R side (5), Recover on L (6)  
7&8            Cross R over L (7), Rock L to L side (&), Recover on R stepping R to R side (8)

## Cross, Tap Behind, Step Back, 1/4 Forward, Spiral 3/4, Side, Cross

1-2            Cross L over R (1), Tap R toes behind L heel (2)  
3-4            Step Back on R (3), Make 1/4 turn L stepping forward on L (4) [3]  
5-6            Step forward on R (5), Spiral 3/4 turn L hooking L heel across R shin (6) [6]  
7-8            Step L to L (7), Cross R over L (8)

## Side, Drag, Rock Back, Recover, Diagonal Step, Lock Behind, Shuffle Forward

1-2            Step L to L side (1), Drag R up to meet L (2)  
3-4            Cross Rock R behind L (3), Recover onto L (4)  
5-6            Step R into R diagonal (5) [7:30], Lock L behind R (6)  
7&8            Step forward on R (7), Close L next to R (&), Step forward on R (8)

## Step, Pivot 1/2, Shuffle Forward, Rocking Chair

1-2            Step L forward (1), Pivot 1/2 turn R (2) [1:30]  
3&4            Step forward on L (3), Close R next to L (&), Step forward on L (4)  
5-6            Rock forward on R (5), Recover on L (6)  
7-8            Rock back on R (7), Recover on L (8)

## Spiral 3/4, Side, Cross, Sway, HOLD, Sway, Sway

1-2            Step forward on R (1), Spiral 3/4 turn L hooking L heel across R shin (2) [4:30]  
3-4            Step L to L side (3), Cross R over L (4)  
5-6            Step/Sway L to L side (5), HOLD (6)  
7-8            Step/Sway R to R side (7), Sway L to L side (8)

## 1/4 Forward, HOLD, 1/4 Sway, Sway, 1/4 Forward, HOLD, Full Turn

1-2            Make 1/4 turn R stepping forward on R (1) [7:30], HOLD (2)  
3-4            Make 1/4 turn R as you Step/Sway L to L side (3) [10:30], Sway R to R side (4)

5-6 Make 1/4 turn L stepping forward on L (5) [7:30], HOLD (6)

7-8 Make 1/2 turn L stepping back on R (7) [1:30], Make 1/2 turn L stepping forward on L (8)  
[7:30]

**Note Make a further 1/8 turn L to start again facing 6:00**

**Ending – On Wall 5, overturn 1/8 R to dance counts 59-60 facing 12:00 and then drag R up to meet L.**

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