

High 10

拍數: 32 牆數: 1 級數: Beginner - Contra
編舞者: Shellie Stone (USA) - September 2023
音樂: Crushin' It - Brad Paisley



Dance starts 32 counts in after beer can crush on the lyrics - No tags or restarts
Weight starts on L in lines facing the person directly across from you about arms length apart

Section 1: Heel switches w/claps x2

1& Place R heel forward, Step R next to L
2& Place L heel Forward, Step L next to R
3&4 Place R heel forward, Double clap
&5& Step R next to L, Place L heel Forward, Step L next to R
6& Place R Heel forward, Step R next to L
7&8 Left heel forward, Double clap

Section 2: Toe switches w/ claps x 2

1& Point L to L side, Step L next to R
2& Point R to R side, Step R next to L
3&4 Point L to L side, Double clap
&5& Step L next to R, Point R to R side, Step R next to L
6& Point L to L side, Step L next to R
7&8 Point R to R side, Double clap

Section 3: R Heel Kick, Coaster Step, L Heel Kick Coaster Step

1,2 Tap R heel forward, Kick R forward
3&4 Step R back, Step L next to R, Step R forward
5,6 Tap L heel forward, Kick L forward
7&8 Step L back, Step R next to L, Step L forward

Section 4: Walk forward, hitch knee & high 10 with partner, Walk back, Touch

1,2 Step R forward, Step L forward
3,4 Step R forward, Hitch L knee and slap hands with partner
5,6 Step L back, Step R back
7,8 Step L back, Touch R next to L

End of dance!

Any questions email
