

Freak Out 54

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Rebecca Lee (MY) - September 2023
音樂: Freak 54 (Freak Out) - Pitbull & Nile Rodgers



Intro: 16 counts

Note: Tag after Wall 1 (6:00) & Wall 4 (12:00)

[1 – 8] KICK BALL POINT X2, JAZZ BOX

1&2 Kick R forward (1) Step R next to L (&) Point L to L side (2) 12:00
3&4 Kick L forward (3) Step L next to R (&) Point R to R side (4) 12:00
5-6 Cross R over L (5), Step L back (6) 12:00
7-8 Step R to R (7) Cross L over R (8) 12:00

[9 – 16] R STEP TOUCH, L STEP TOUCH, V STEP

&12 Step R to R (&), Touch L beside R (1) Hold (2) 12:00
&34 Step L to L (&) Touch R beside L (3) Hold (4) 12:00
5 6 Step R to R diagonal (5) Step L to L diagonal (6) 12:00
7 8 Step R back in place (7), Step L beside R (8) 12:00

[17 – 24] SMALL JUMP FORWARD, CLAP, SMALL JUMP BACK, CLAP, SIDE TOUCH, SIDE TOUCH

&12 Step R to R diagonal (&) Step L to L diagonal (1) Clap (2) 12:00
&34 Step R back in place (&) Step L beside R (3) Clap (4) 12:00
5-6 Step R to R side (5) Touch L in place (6) (styling: hip roll anti-clockwise) 12:00
7-8 Step L to L side (7) Touch R in place (8) (styling: hip roll clock wise) 12:00

[25 – 32] SIDE ROCK BEHIND SIDE CROSS, WALK WALK, ½ TURN L RUN

1-2 Rock R to R side (1) Recover L (2) 12:00
3&4 Cross R behind L (3) Step L to L (&) Step R forward (4) 12:00
5-6 Walk L forward making 1/8 turn L (5) Walk R forward (6) 12:00
7&8 1/8 turn L Step L forward (7) , 1/8 turn L Step R forward (&) 1/8 turn L Step L forward (8) 6:00

TAG

1234 Freeze with any pose

Rebecca Lee : rebecca_jazz@yahoo.com