

# One Love

**COPPER** **KNOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: Improver  
編舞者: Sofyan Anas (INA) - September 2023  
音樂: One Love | Blue | DJ R-NATION REMIX | REMIX 2017



> No Tag & Restart

Start Dance : After 32 c / Start on lyric

## I. SUGAR PUSH, COASTER TURN 1/4 L, ROCK FORWARD.

1 - 2            Step R forward, L forward  
3 & 4            Step R forward, Close L beside R, Push back on R  
5 & 6            1/4 turn L Step L back, Close R beside L, L forward ( 9:00)  
7 - 8            Step R forward, Recover on L

## II. SAILOR STEP ( R-L ), JAZZ BOX ½ TURN R.

1 & 2            Step R behind L, Step L to side L, Step R to side R.  
3 & 4            Step L behind R, Step R to side R, Step L to side L.  
5,6,7,8        R over L, turn R 1/2 L back, Step R to side, Step R forward. ( 3:00 ).

## III. SAMBA WISK ( R-L ), CROSS SAMBA ( R-L )

1 a 2            Step R to side, Cross L behind R, Recover on R.  
3 a 4            Step L to side, Cross R behind L, Recover on L.  
5 a 6            Cross R over L, Rock Left to L, Recover weight onto right  
7 a 8            Cross L over R, Rock Right to R, Recover weight onto Left.

## IV. FULL TURN R VOLTA , SIDE MAMBO, FORWARD MAMBO TOUCH.

1a2a            1/4 turn R step R forward, Step L beside R, 1/4 turn R step R forward, Step L beside R.  
3 a 4            Turn 1/4 R step R forward, Step R beside R, Turn 1/4 R step R forward.  
5 & 6            Step L to side, Recover on R, Close L beside R.  
7 & 8            Step R forward, Recover on L, R touch beside L.

Dancing with Your Heart...♥

sofyan\_anas@yahoo.com

Last Update: 29 Sep 2023

---