

Heels

拍數: 32 牆數: 4 級數: Beginner
編舞者: Paola Pasetti (IT) - September 2023
音樂: Achy Breaky Heart (Remix) (feat. DJKO) - Billy Ray Cyrus



Start dancing on lyrics

GRAPEVINE, TWIST x 2

1-2-3-4 Step right side, cross left behind, step right side, touch left together
5-6-7-8 Turn heels on right, turn heels on center, turn heels on right, turn heels on center

GRAPEVINE, TWIST x2

1-2-3-4 Step left side, cross right behind, step left side, touch right together
5-6-7-8 Turn heels on left, turn heels on center, turn heels on left, turn heels on center

DIAGONAL STEPS, TURN ¼ AND STEP, TOUCH, STEP, TOUCH

1-2-3-4 Step right diagonally forward, touch left together, step left diagonally back, touch right together
5-6-7-8 Turn ¼ right and step right side, touch left together, step left side, step right together

TOE, HEEL, TRIPLE STEP, TOE, HEEL, TRIPLE STEP

1-2 Touch right toe beside left, touch right heel into right diagonal
3&4 Triple step on place (right, left, right)
5-6 Touch left toe beside right, touch left heel into left diagonal
7&8 Triple step on place (left, right, left)

For music email: pasetti.paola@libero.it
