

Been There Once or Twice

COPPERKNOB
BY STEPHENETS

拍數: 64 牆數: 4 級數: Improver
編舞者: Diana Oglesby (USA) - September 2023
音樂: Never Again One More Time - Walker Montgomery



Intro: 32 Counts, start with weight on L

**2 restarts - on wall 3 after 12 counts (facing 6:00), and on wall 6 after 52 counts (facing 3:00)

S1 (1-8) TOUCH R FWD, STEP R TOGETHER, TOUCH L FWD, STEP L TOGETHER, TOUCH R FWD, STEP R TOGETHER, TOUCH L FWD, STEP L TOGETHER

1-4 Touch R forward (1), step R together (2), touch L forward (3), step L together (4)

5-8 Touch R forward (5), step R together (6), touch L forward (7), step L together (8)

S2 (9-16) TOUCH R SIDE, TOUCH R TOGETHER, TOUCH R SIDE, TOUCH R TOGETHER, TOUCH L SIDE, TOUCH L TOGETHER, TOUCH L SIDE, STEP L TOGETHER

1-4 Touch R side (1), touch R together (2), touch R side (3), step R together (4)

Restart here on wall 3 (facing 6:00)

5-8 Touch L side (5), touch L together (6), touch L side (7), step L together (8)

S3 (17-24) R TOE BEHIND, R HEEL FWD x2, TOUCH R BEHIND, R HEEL FWD, TOUCH R BEHIND, R HEEL FWD, TOUCH R TOGETHER

1-4 Touch R toe behind (1), touch R heel diagonally forward (2), touch R heel diagonally forward (3), touch R behind (4)

5-8 Touch R heel diagonally forward (5), touch R toe behind (6), touch R heel diagonally forward (7), touch R together (8)

S4 (25-32) SLOW R SIDE SHUFFLE, TURN ¼ L and LOW-KICK FWD, SLOW L BACK COASTER, SCUFF

1-4 Step R side (1), step L together (2), step R side (3), turn ¼ R and low-kick L forward (4) (9:00)

5-8 Step L back (5), step R back (6), step L forward (7), scuff R forward (8)

S5 (33-40) R-L TOE-HEEL STRUTS, R ROCKING CHAIR,

1-4 Touch R toe forward (1), step R foot down (2), touch L toe forward (3), step L foot down (4)

5-8 Rock R forward (5), recover to L (6), rock R back (7), recover to L (8)

S6 (41-48) R-L TOE-HEEL STRUTS, R FWD, TURN ½ L, STEP R FWD, STEP L TOGETHER

1-4 Touch R toe forward (1), step R foot down (2), touch L toe forward (3), step L foot down (4)

5-8 Step R foot forward (5), turn ½ L and step L forward (6), step R forward (7), step L together (8) (3:00)

S7 (49-56) FAN R TOES OUT-IN-OUT-IN, FAN L TOES OUT-IN-OUT-IN

1-4 Fan R toes out (1), fan R toes in (2), fan R toes out (3), step R toes in (4)

Restart here on wall 6 (facing 3:00)

5-8 Fan L toes out (5), fan L toes in (6), fan L toes out (7), fan L toes in (8)

S8 (57-64) STEP R SIDE, POINT L FWD, STEP L SIDE, CROSS R OVER, STEP L SIDE, POINT R FWD, STEP R SIDE, STEP L TOGETHER

1-4 Step R side (1), point L forward (2), step L side (3), cross R over (4)

5-8 Step L side (5), point R forward (6), step R side (7), step L together (8)

REPEAT

Extra instructions:

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