

Nest (보금자리) - 임영웅

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Choe Su Ja (KOR) - September 2023
音樂: Nest (보금자리) - Lim Young Woong (임영웅)



No Tag / Restart

Intro : counts32

S1(1-8c)R VINE, L ROLLING VINE(Ezop: L VINE)

1-2 Step RF to R side , Cross LF behind RF,
3-4 Step RF to R side, Touch LF to L side(12:00)
5-6 Turn ¼ L Step L fwd(9:00) Turn ½ L Step RF bwd(3:00)
7-8 Turn ¼ L Step LF to L, Touch RF to R(12:00)

(Ez Op)

5-6 Step LF to L side, Step RF behind L
7-8 Step LF to L side, Touch RF beside L(12:00)

S2(9-16c)1/4 L PIVOT TURN, 1/4 L PIVOT TURN, R KICK BALL CHANGE × 2

1-2 Step R forward(12:00, Pivot 1/4 L onto L (9:00)
3-4 Step R forward(9:00), Pivot 1/4 L onto L (6:00)
5&6 Kick R forward, step ball of R next to L, step L next to R
7&8 Kick R forward, step ball of R next to L, step L next to R

S3(17-24c)CROSS FORWARD, SIDE POINT × 2, ROCKING CHAIR, (BACK R,L,R,TOGETHER)

1-2 Cross R over L . Point L to side
3-4 Cross L over R . Point R to side
5-6 Rock forward on R , recover on L
7-8 rock back on R , recover on L

*Op:5-8 R Back, L Back, R Back, L Together

S4(25-32c)LEFT 1/4 TUN R SIDE STEP. L SIDE TOUCH, L SIDE STEP, R SIDE TOUCH, HIP-BUMPING R × 4

1-2 Left 1/4 turn RF fwd , Touch LF next to RF(9:00)
3-4 Step Left Side, Touch Right Beside Left, Touch RF next to LF
5-8 Step Lf to L side with Hip bump R × 4

Last Update: 1 Mar 2024