

Praise the Lord

拍數: 32 牆數: 4 級數: Beginner
編舞者: Julijane Rubin (DK) - September 2023
音樂: Praise The Lord (feat. Thomas Rhett) - BRELAND



Intro: 16 count: 107 Bpm.

[0 – 8] R. fwd. Touch. L. Back. Touch. R. Back. Touch. R. Back. Touch. L. Back. Touch. R. Back Touch. ¼ turn left Touch. Point R. Out-in.

1 & 2 & Step diagonally fwd. on R. Touch L behind R. Step back on L. Touch R. next to L.
5 & 4 & Step back on R. Touch L. next to R. Step back on L. Touch R. next to L.
5 & 6 & Step back on R. Touch L. next to R. Step ¼ turn left on L. Touch R. next to L.
7 – 8 Point R. to right. Touch R. next to L.

[9 – 16] Right vine touch. Left vine touch.

1-2-3-4 Step R. to right. Step L. behind R. Step R. to right. Touch L. next to R.
5-6-7-8 Step L. to left. Step R. behind L. Step L. to left. Touch R. next to L.

[17 – 24] R. Heel-hook x 2 Stomping shuffle. L. Heel-hook x2 Stomping shuffle.

1 & 2 & Dig R. heel fwd. Hook R. heel in front of L. Dig R. heel fwd. Hook R. heel in front of L.
3 & 4 Stomp fwd. on R. Stomp L. next to R. Stomp fwd. on R.
5 & 6 & Dig L. heel fwd. Hook L. heel in front of R. Dig L. heel fwd. Hook L. heel in front of R.
7 & 8 Stomp fwd. on L. Stomp R. next to L. Stomp fwd. on L.

[25 – 23] Rock fwd. Shuffle ½ turn. Shuffle ½ turn. Back rock.

1 - 2 Rock fwd. on R. Recover weight on L.
3 & 4 Turn ¼ turn right on R. Step L. next to R. Turn ¼ turn right on R.
5 & 6 Turn ¼ right on L. Step R. next to L. Turn ¼ turn right stepping back on L.
7 – 8 Rock back on R. Recover weight on L.

Tag: 1 After wall 1: Stomp R. – L. Clap. Clap.

1–2–3–4 Stomp fwd. on R. Stomp L. next to R. Clap. Clap.

Tag: 2 After wall 2 and 5: Kick ball change. chasse. Stomp. Stomp. Clap. Clap.

1 & 2 Kick R. fwd. Step R. next to L. Step L. next to R.
3 & 4 Step right on R. Step L. next to R. Step right on R.
5-6-7-8 Stomp fwd. on L. Stomp R. next to L. (keep weight on L.) Clap. Clap.