

Damage Control

拍數: 32 牆數: 2 級數: Improver
編舞者: Alice di Lucia (IT) - September 2023
音樂: Damage Control - Taylor Austin Dye



Restart on wall 3 after 16 counts

Restart on wall 6 after 4 counts

SEC 1: LOCK STEP, LOCK STEP, POINT BACK TURN 1/2, LOCK SHUFFLE BACK TURN 1/2

1&2 Step right diagonally forward , Step left behind right, Step right diagonally forward
3&4 Step left diagonally forward , Step right behind left, Step left diagonally forward
5-6 Point back right, turn ½ with knee not tense (weight right)
7&8 Step left turn back ½ , lock right across left, step left back

SEC 2: TOE STRUT, TOE STRUT, MAMBO FORWARD, MAMBO SIDE

1-2 Touch right toe forward, drop right heel (bumping hips R-L)
3-4 Touch left toe forward, drop left heel (bumping hips L-R)
5&6 Step/rock right to forward, recover weight onto right
7&8 Step/rock left to left side, recover weight onto left

SEC 3:VAUDEVILLE, CROSS SHUFFLE, ROCK SIDE, SAILOR SWEEP TURN 1/2

1&2& Right cross over left, left to left, right heel diagonal, recover on right
3&4 Cross left over right, step right to right side, cross left over right
5-6 Step right side, recover weight left
7&8 Sweep right turn 1/2, step left to side right, step right

SEC 4:TOE STRUT, TOE STRUT, ANCHOR STEP, WALK BACK HEEL TWIST

1-2 Touch left toe forward, drop left heel (bumping hips L-R)
3-4 Touch right toe forward, drop right heel (bumping hips R-L)
5&6 Step forward left, close right to left, weight left
7-8 Step right foot back and grind left heel, step left foot back and grind right heel