

One of These Neons

COPPER KNOB
BY SHEETS

拍數: 24 牆數: 4 級數: Improver
編舞者: Maggie Shipley (USA) & Jackie Phillips (USA) - September 2023
音樂: One of These Neons - Jon Montgomery



Restart: One restart on wall 3 after 8 counts (you will start wall 3 facing 6:00 and end facing 12:00 when you restart)

[1-8] R NightClub Basic, L NightClub Basic, R Scissor Step, ½ Hinge Turn with a cross

1, 2, & 3, 4 & Step RF to R side, Rock LF behind R, Recover on R, Step LF to L side, Rock RF behind, Recover on L.

5 & 6, 7 & 8 Step RF to R side, Slide LF towards R, Cross RF over L, Step LF back making ¼ turn to R, Step RF forward making ¼ to R, Cross LF over R taking weight on your L.

RESTART HERE ON WALL 3 (STARTING 6:00, ENDING THE 8 COUNT FACING 12:00)

[9-16] RF Point Side, R Knee Drop, Recover R Knee, Behind Side Cross, L NightClub Basic, Walk Forward RL

1 & 2 Point RF to R side, R knee dip forward, Straighten R knee back out.

NOTE : For the knee drop, your R foot stays pointed out to the side, then let your R knee turn slightly forward going towards the ground, then bring your knee back to where it was.

3 & 4 Step RF behind L, Step LF to L side, Cross RF over LF taking weight on your R.

5, 6, & 7, 8 Step LF to L side, Rock RF behind L, Recover on L, Walk RF forward, Walk LF forward.

[17-24] R Mambo Rock Step, L Behind Side Cross to ⅛ R diagonal, RF Step ⅛ Turn, Pivot ½ Turn, Walk Forward RL

1 & 2, 3 & 4 Mambo Rock RF forward, Recover on L, Step RF to R side, Step LF behind R, Step RF to R side, Cross LF over R facing the diagonal.

NOTE : While doing behind, side, cross, let your body naturally turn ⅛ to the diagonal.

5, 6, 7, 8 Step RF forward making ⅛ turn to R taking weight on your R, Pivot ½ turn over your L shoulder keeping weight on your RF, Walk RF forward, Walk LF forward.

STYLING : Really accentuate the ⅛ turn into the ½ turn by being sure to sharply accent each turn.

ENDING: The song ends after the first 6 counts of the dance, which will put you at the scissor step. To finish the dance, do a scissor step ¼ turn to the front wall. Ta-da!

ONE RESTART: On wall #3 (6:00) you will dance the first 8 counts (12:00) and then restart the dance.

An artist local to NC produced this song – thank you to Jon Montgomery for putting out an amazing track for us to dance to.