

Over Me

拍數: 32 牆數: 4 級數: Beginner
編舞者: Sheila Kenny (USA) - September 2023
音樂: There's No Getting' Over Me - Ronnie Milsap
或: Austin - Dasha



Alternate Music: Austin by Dasha (No Tags No Restarts)
#10 ct Intro. 1 Tag CCW

[1-8]: R Lock Step, L Lock Step, ¼ Turn L Pivot x 2

1&2 Step RF Forward (1), Cross LF behind RF (&), Step RF forward (2). (12:00)
3&4 Step LF forward (3), Cross RF behind LF (&), Step LF forward (4). (12:00)
5,6 Step RF forward (5), Pivot ¼ turn over L shoulder (6). (9:00)
7,8 Step RF forward (7), Pivot ¼ turn over L shoulder (8). (6:00)

[9-16]: R Cross Rock, Recover L, Chasse R, L Cross Rock, Recover R, Chasse L

1,2 Cross RF over LF (1), Recover weight to LF (2)
3&4 Step RF to side (3), Step LF beside RF (&), Step RF to side (4) (6:00)
5,6 Cross LF over RF (5), Recover weight to RF (6)
7&8 Step LF to side (7), Step RF beside LF (&), Step LF to side (8) (6:00)

[17-24]: L 1/2 Pivot, Forward R Shuffle, R ½ Pivot, Forward L Shuffle

1,2 Step forward on RF (1), ½ turn over L shoulder (2) (12:00)
3&4 Step RF forward (3), Step LF beside RF (&), Step RF forward (4) (12:00)
5,6 Step forward on LF (5), ½ turn over R shoulder (6) (6:00)
7&8 Step forward on LF (7), Step RF beside LF (&), Step LF forward (8) (6:00)

[25-32]: Jazz Box ¼ Turn, R Kick Ball Change x 2

1,2 Cross RF over LF (1), Step back on LF (2) (6:00)
3,4 Turn ¼ R stepping RF forward (3), Step LF beside RF (9:00)
5&6 Kick RF forward (5), Step on ball of RF next to LF raising LF (&), Step LF next to RF (6)
(9:00)
7&8 Kick RF forward (7), Step on ball of RF next to LF raising LF (&), Step LF next to RF (8)
(9:00)

Tag: Wall 6 (9:00)

Tag: 8 Cts V-Step, Hip Sways

1,2 Step RF forward diagonally Right (1), Step LF forward diagonally Left (2) (9:00)
3,4 Recover RF back to center (3), Recover LF beside RF (4)
5,6 Step RF to side, swaying hips Right (5), Sway hips Left (6)
7,8 Sway hips Right (7), Sway hips Left, recovering weight on LF (8)

Last Update: 2 Jun 2024