

Best Friend Since You

拍數: 32 牆數: 4 級數: Improver
編舞者: Maggie Stevenson (SCO) - September 2023
音樂: Best Friend Since You - Kevin McGuire



Start at 4 seconds on word 'Thought'

Section 1 - Walk R, walk L, shuffle forward right, Step left, half turn right, shuffle forward left

1 Walk forward right foot
2 Walk forward left foot
3&4 Shuffle forward right, left, right
5 Step forward left foot
6 ½ turn to right
7&8 Shuffle forward left, right, left

Section 2 - R Dorothy step, L Dorothy step, toe switch right and left, touch right foot, clap, clap

1,2& Dorothy step to right corner right, left, right
3,4& Dorothy step to left corner left, right, left
5 touch right toe to right side,
& close right foot to left
6 touch left toe to left side,
& close left foot to right
7 touch right foot bedside left foot
&8 clap hands in front x 2

Section 3 - Heel switch right and left, step right, ½ turn left, Heel switch right and left, step right, ¼ turn left

1& touch right heel in front, close right foot to left foot
2& touch left heel in front, close left foot to right
3 step right foot forward
4 ½ turn to left
5& touch right heel in front, close right foot to left foot
6& touch left heel in front, close left foot to right
7 step right foot forward
8 ¼ turn to left

Section 4 - Cross rock recover right, cross rock recover left, jazz box right foot

1&2 Cross right foot over left, recover onto left foot, step right foot to right side
3&4 Cross left foot over right, recover onto right foot, step left foot to left side
5,6 Cross right foot over left, step left foot back,
7,8 Step right foot to right side, close left foot beside right

Restart wall 4

Dance counts 1- 8 section 1 then restart dance