

10 Minutes (Remix)

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Phrased Improver
編舞者: Wendy Lin (TW) - September 2023
音樂: 10 Minutes - Lee Hyori (이효리)



Intro: 8 counts

Sequence: A.B.B.A.(TAG).B.B.A.

TAG 4 Counts: Paddle L 1/4 X2(Step RF FWD,1/4 L Rolling Hip X2)

Note:(Refer To Video For Hands & Body Movement)

A: 4X8

S1.Walk FWD R-L, Stomp Heel Split, Back R-L, 1/4 Sailor R Turn

1 2 3&4 Walk FWD on R-L,FWD RF Stomp, Heel Split Out In

5 6 7&8 Walk Back on R-L, 1/4 R Sailor

S2. Diag Lock, Touch, Dorothy Step X2

1-4 Diag Step LF , Lock, Step LF, Touch On RF

5 6& Step RF Diagonal, Lock LF Behind, Step RF Diagonal

7 8& Step LF Diagonal, Lock RF Behind, Step LF Diagonal

S3.1/2 Pivot,1/4 Pivot,Out,Out,Hold,Hip Bumps

1-4 Step RF FWD,1/2 Turn L, Step RF FWD,1/4 Turn L

&5 6 7&8 RF Out, LF Out,Hold,Hip Bumps

S4.FWD Touch,Side Touch, 1/4 Sailor R , FWD Touch,Side Touch, 1/2 Sailor L

1 2 3&4 FWD RF Touch, RF To R Side Touch,1/4 R Sailor

5 6 7&8 FWD LF Touch, LF To L Side Touch,1/2 L Sailor Cross

B: 4X8

S1.Vine,Side Together Side, Touch

1-4 RF Step R Side,LF Behind,RF Step R Side,LF Cross

5-8 RF Step R Side,LF Together, Step R Side,LF Touch

S2.(1/4 L Turn) FWD,Lock, 1/2 Pivot, Skate

1 2 3&4 (1/4 L Turn) Step LF,Lock,Step LF,Lock,Step LF

5 6 7&8 Step RF FWD,1/2 Turn L, Skate(R-L-R)

S3.Heel Grind, Jazz Box 1/4 L

1 2& LF step forward on heel, RF Side Step,LF Side Step

3 4& RF step forward on heel, LF Side Step,RF Side Step

5-8 Cross step LF over RF, 1/4 turn L stepping back on RF, step LF to side,Together

S4.Anchor Step, Coaster, 1/2 Pivot

1&2 3&4, LF Back, Recover, LF Back, RF Back, Recover, RF Back

5&6 Step LF Back, Step RF Together, Step LF FWD

7-8 Step RF FWD,1/2 Turn L

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Last Update - 4 Oct. 2023 - R1