

Pilihan Yang Terbaik

COPPER **NOB**
BY STEPHENETS

拍數: 32 牆數: 2 級數: Easy Intermediate
編舞者: Julaeha Pangngulu (INA) & Erika Damayanti (INA) - September 2023
音樂: Pilihan Yang Terbaik - Ziva Magnolya



S#1 FORWARD ROCK, RUN BACK R-L, BACK TURN 1/4 RIGHT WITH SWEEP, TOGETHER, DIAMOND SHAPE TURN 1/4 RIGHT

1-2& Rock R Forward - Recover on L - Step R Back
3-4& Step L back sweep R back - Turn 1/4 right Step R back (03:00) - Step L together
5-6& Cross R over L - Turn 1/8 right step L back (4:30) - Step R back
7-8& Step L back - turn 1/8 right step R to side (06:00) - cross L over R

S#2 BASIC NC2S, SPIRAL TURN 3/4 RIGHT, FORWARD L, ARABESQUE, RUN BACK L-R, BASIC NC2S

1-2& Step R to side - Step L behind R - Cross R over L
3-4& Turn 1/4 right step L back (09:00) - Turn 1/2 right step R forward (03:00) - Step L forward
5-6& Step R forward while lift L back - Step L back - Step R back
7-8& Turn 1/4 Left step L to side - Step R behind L - Cross L over R

S#3 SIDE - SWAY - FORWARD ROCK - SIDE ROCK - BACK - 1/4 TURN LEFT SAILOR STEP - WALK LR

1-2 Step R to side with sway hip to right, Sway hip to left
3&4& Step R forward, Recover on L, Step R to side, Recover on L
5-6& Step R back, 1/4 Turn left cross L behind R with sweep L (facing 09.00), Close R beside L
7-8 Step L forward, Step R forward

S#4 SYNCOPATED TURN IN PLACE - FORWARD ROCK - BACK - 1/4 TURN LEFT SAILOR STEP - FORWARD - FULL TURN - FORWARD

1&2& Step L forward, 1/2 turn right Step R in place (facing 03.00), Step L forward, 1/2 turn right Step R in place (facing 09.00)
3-4& Step L forward, Recover on R, Step L back
5-6& Step R back, 1/4 turn left cross L behind R with sweep L (facing 06.00), Close R beside L
7-8& Step L forward, Full turn (facing 06.00), Step L forward

NO TAG NO RESTART
