

Martial's Way

拍數: 32 牆數: 4 級數: Improver
編舞者: Alexis Strong (UK), Sandra Speck (UK) & Gary Steele (UK) - September 2023
音樂: That's the Way It Is - Martial Simon : (iTunes)



INTRO 16 COUNTS, APPROX 11 SECONDS

STEP HITCH, COASTER STEP, WALK, WALK SHUFFLE

1 – 2 Step forward on right foot (1), hitch left knee (2)
3&4 Step back on left (3) close right next to left (&) step forward on left (4)
5 – 6 Walk forward on right (5) walk forward on left (6)
7&8 Step forward on right, (7) close left next to right (&) step forward on right (8)

CROSS SIDE BEHIND, SWEEP, BEHIND SIDE CROSSING SHUFFLE

1 – 2 Cross left over right (1) step side on right (2)
3 – 4 Cross left behind right, (3) sweep right from front to back (4)
5 – 6 Cross right behind left (5), step side on left (6)
• Tag here on walls 2 & 7
7&8 Cross right over left (7) step side on left (&) cross right over left (8)

SIDE ROCK, SAILOR ¼, ¼ SIDE TOUCH, SIDE TOUCH

1 – 2 Rock side on left (1) recover onto right (2)
3&4 Step left behind right (3) turn ¼ left stepping right to side (&) step side on left (4)
5 – 6 Turn ¼ left stepping side on right (5) touch left next to right (6)
7 – 8 Step side on left (7) touch right next to left (8)

Optional arms on counts 5 – 8: Sway arms above the head from right to left.

SIDE BEHIND ¼ STEP, TAP & HEEL & WALK X 2

1 – 2 Step side on right (1) step left behind right (2)
3 – 4 Turn ¼ right stepping forward on right (3) Step forward on left (4)
5&6 Tap right toe behind left (5) step back on right (&) touch left heel forward (6)
&7 – 8 Step down on left foot (&) walk forward on right (7) walk forward on left (8)

TAG: On walls 2 & 7 facing 9 o'clock, on section 2, replace counts 7&8 with the following.

7 – 8 Close right foot next to left (1) step forward on left (2)

Start the dance again from the beginning.

The dance ends facing 12 o'clock as you walk forward in the last section, TA DAH!!!