

Border Collie

拍數: 32 牆數: 2 級數: Improver - Country
編舞者: Chrystel DURAND (FR) & Brayan Bogey (FR) - September 2023
音樂: Cowshit in the Morning - Ian Munsick



Intro : 4x8

[1-8] WALK R & L FWD, 3 SYNCOPATED ROCK STEPS, STEP BACK, COASTER STEP

1-2 Step right forward, step left forward
3& Rock right forward, recover on left
4& Rock right back, recover on left
5&6 Rock right forward, recover on left, step right slightly back
7&8 Step left back, right next to left, step left forward

[9-16] STEP R FWD, ½ TURN L, ¼ TURN L, BEHIND SIDE CROSS, SYNCOPATED ROCK STEPS, STEP R SIDE, ¼ TURN HOOK, STEP L FWD

1&2 Step right forward, ½ turn left (weight on left), ¼ turn left stepping right on right side 3.00
3&4 Cross left behind right, step right on right side, cross left over right
5& Rock right on right side, recover on left
6& Rock right back, recover on left
7&8 Step right on right side, ¼ turn left & hook left cross over right, step left forward 12.00

Restart here at 12.00

[17-24] WALK R & L FORWARD, TRIPLE FORWARD, ¼ L & TRIPLE FORWARD, HEEL GRIND, STEP R BACK

1-2 Step right forward, step left forward
3&4 Step right forward, left next to right, step right forward
5&6 ¼ left stepping left forward, right next to left, step left forward 9.00
7&8 Right heel forward (toes to the left), toes to the right stepping left on place, step right slightly back

[25-32] COASTER STEP, STEP R DIAG RIGHT FWD, TOUCH, STEP L BACK, SWEEP, BEHIND, ¼ TURN L, STEP R FWD, TRIPLE FORWARD

1&2 Step left back, right next to left, step left forward
3& Step right diagonally right forward, touch left next to right
4& Step left back, right sweep from front to back
5&6 Cross right behind left, ¼ turn left stepping left forward, Step right forward 6.00
7&8 Step left forward, right next to left, step left forward

Restart : on wall 3 (starts at 12.00), dance the first 16 counts and restart the dance from the beginning at 12.00

have fun !

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