

Gotta Pull Myself Together

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Herlina Aritonang (INA) - September 2023
音樂: Gotta Pull Myself Together - The Nolans



Intro : 32

No tag, No restart

(1 - 8) DIAGONAL LOCK , DIAGONAL LOCK SUFFLE

1, 2 Step Rf Fwd Diagonal R, Lock Lf behind Rf
3 & 4 Step Rf Fwd, Lock Lf behind Rf, Step RF Fwd
5, 6 Step Lf Fwd Diagonal L, Lock Rf behind Lf
7 & 8 Step Lf Fwd, Lock Rf behind Lf, Step Lf Fwd

(9-16) ROCK STEP, 1/4 R CHASSE WEAVE with TOUCH

1, 2 Rock Rf Fwd, Recover onto Lf
3 & 4 Turn 1/4 R Stepping Rf to R, Close Lf next to Rf, Step Rf to R
5,6,7,8 Cross Lf over Rf, Step Rf to R, Cross Lf behind Rf, Touch Rf to R

(17-24) ROCK FWD, COASTER STEP

1, 2 Rock Rf Fwd, Recover onto Lf
3 & 4 Step Rf back, Close Lf next to Rf, Step Rf Fwd
5, 6 Rock Lf Fwd, Recover onto Rf
7 & 8 Step Lf back, Close Rf next to Lf, Step Lf Fwd

(25-32) CROSS TOUCH 2X, OUT OUT, IN IN

1,2,3,4 Cross Rf over Lf, Touch Lf to L, Cross Lf over Rf, Touch Rf to R
5,6,7,8 Step Rf Fwd Diagonal R, Step Lf Fwd Diagonal L, Step Rf back to center, Close Lf next to Rf

Happy Dancing

Contact : herlinaaritonang66@gmail.com