

# Morgendagen

拍數: 32      牆數: 2      級數: Improver  
編舞者: Ann-Kristin Sunstad (NOR) & Mette Mørk (NOR) - August 2023  
音樂: Hvis Morgendagen Aldri Kommer - Picazzo



**Intro: 16 Counts after the music starts (On Vocal)**

**[1-8] Walk R-L Diagonal R, Mambo Forward, Walk L-R Diagonal L, Mambo Forward**

1,2            Step diagonal RF forward (1), (01:30), Step LF forward (2),  
3&4           Rock forward on RF (3), Recover on LF (&), Step back on RF (4), (straighten up to 12:00)  
5,6            Step diagonal LF forward (5,) (10:30), Step RF forward (6),  
7&8            Step forward on LF (7), Recover on RF (&), Step back on LF (8) (straighten up to 12:00)

**[9-16] R Basic NC, L Basic NC, Point R to R side, 1/2 turn right, Mambo Cross**

1,2&           Step RF to right side (1), Close LF slightly behind RF (2), Cross RF over LF (&),  
3,4&           Step LF to left side (3), Close RF slightly behind LF (4), Cross LF over RF (&),  
5,6            RF touch right side (5), Make 1/2 turn right stepping RF next to left (6), (06:00)  
7&8            Rock LF to left (7), Recover on RF (&), Cross LF in front of RF (8)

**[17-24] Sway R-L-R, Slide L, Diamond 1/2 Turn**

1,2,3,           Sway hips Right (1), Left (2), Right (3),  
4            Step a large step left on LF and Slide RF after LF (4),  
5&            Turn 1/8 R and Cross RF diagonally behind LF (5), (07:30), Step back on LF (&),  
6            Turn 1/8 R and Step RF to the side (6), (09:00)  
7&            Turn 1/8 R and Step LF in front of RF (7), (10:30) Step forward on LF (Slightly cross) (&),  
8            Turn 1/8 R and Step LF to the side (8) (12:00)

**[25-32] Rock Back, Step forward, 1/2 Chase Turn right, Tripple Full turn left, Mambo Forward**

1&2            Rock back on RF (1), Recover on LF (&), Step forward on RF (2) (12:00)  
3&4            Step forward on LF (3), Pivot 1/2 turn Right (&), Step forward on LF (4) (06:00)  
5&6            Turn 1/2 turn L & Step back on RF, (5), Turn 1/2 turn L & Step forward on LF (&) Step  
                 forward on RF (6)  
7&8&           Rock forward on LF (7), Recover on RF (&) Step back on LF (8)

**TAG; After Wall 2 & 5**

1-4            Sway Hips R-L-R-L

**Ending; On Wall 11, Dance Up to count 16, just end the Mambo next to right instead of cross over.**

**Enjoy and Listen to the music :-)**

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