

I'll Be Here

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Elisabeth Elkuch-Heid (CH/LIE) - September 2023
音樂: I'll Be Here - Colbie Caillat & Sheryl Crow



[1-8] Diagonal L (10:30) Kick R Ball Change 2x, 1/2 Turn L (4:30), Full Turn L

1&2 Kick R Fwd, Ball R, Step L next to R
3&4 Kick R Fwd, Ball R, Step L next to R
5,6 Step R Fwd, 1/2 Turn L
7,8 1/2 Turn L with Back R, 1/2 L with L Fwd (4:30)

[9-16] Rock Fwd Recover, Hitch Back Hitch Back, Coaster Step, Shuffle Fwd

1,2 Step R Fwd, Recover L
&3&4 Hitch Back R, Step Down R, Hitch Back L, Step Down L
5&6 Step R Back, Step L next to R, Step R Fwd
7&8 Step L Fwd, Step R behind L, Step L Fwd

[17-24] Heel Grind 1/8 Turn R (6), Coaster Step, Rock Recover, Shuffle 1/2 Turn L(12)

1,2 Step R Heel Fwd, 1/8 Turn R (6)
3&4 Step R B A c k, Step L next to R, Step R Fwd
5,6 Rock L Fwd, Recover R
7&8 Shuffle 1/2 Turn L with: L-R-L (12)

[25-32] Full Turn L, Rock Recover, Back, Back, Back, Rock Back, Recover

1,2 1/2 Turn L with Step Back R, 1/2 Turn L with Step L Fwd
3,4 Rock R Fwd, Recover L
&5-8 Step R Back, Step L Back, Step R Back, Rock Back L, Recover Fwd on R

[33-40] Dorothy L & R, Rock Fwd Recover, Coaster Step

1,2& Step L Diagonal L Fwd, Step R behind L, Step L Fwd
3,4& Step R Diagonal R Fwd, Step L behind R, Step R Fwd
5,6 Rock L Fwd, Recover R
7&8 Step L Back, Step R next to L, Step L Fwd

[41-48] Dorothy R & L, Step Turn 1/2 L, Full Turn L (6)

1,2& Step R Diagonal R Fwd, Step L behind R, Step R Fwd
3,4& Step L Diagonal L Fwd, Step R behind L, Step L Fwd
5,6 Step R Fwd, 1/2 Turn L (Weight L)
7,8 1/2 Turn L with Step Back R, 1/2 Turn L with Step Fwd L

[49-56] Rock Fwd Recover, Hitch Back Hitch Back, Coaster Step, Shuffle Fwd

1,2 Rock R Fwd, Recover L
&3&4 Hitch Back R, Step Down on R, Hitch Back L, Step Down on L
5&6 Step R Back, Step L next to R, Step R Fwd
7&8 Step L Fwd, Step R behind L, Step L Fwd

[57-64] Jazz Box Cross, Side Rock, Back Rock (Turn 1/8 L)

1-4 Step Cross R over L, Step L slightly Back, Step R next to L, Step Cross L over R
5-8 Rock R to Side R, Recover L, Rock R Back, Recover L while Turning 1/8 L

At the End of Wall 2,4 & 6 (always 12): repeat 57-64

Wall 5 (6): only Jazz Box 1/8 Turn L and Restart

1-4

Step Cross R over L, Step L Back, Step R next to L, Step L next to R with 1/8 Turn L

Ending during Wall 7 Start the first 12 Counts and Turn 3/8 L (12)

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Lizzy's Line Dance
