South of the Border 2023

級數: Beginner

編舞者: Elisabeth HS (INA) - September 2023

音樂: South of the Border - Octopus

No tag, no restart

拍數: 32

Section 1 SWAY R, SWAY L, SHUFFLE TO RIGHT, JAZZ BOX

- 1-2 sway to right, sway to left
- 3&4 shuffle to right on rf, lf, rf
- 5-6 If cross over rf, rf step back
- 7-8 If step to left, rf cross over If

Section 2 SWAY LEFT, SWAY RIGHT, SHUFFLE 1/4 TO LEFT, ROCKING CHAIR

- 1-2 sway to left, sway to right
- 3&4 If to left, rf next to If, 1/4 to left If step forward (9 o'clock)
- 5-6 rock rf forward, recover lf
- 7-8 rock rf back , recover lf

Section 3 CROSS, HITCH, CROSS, HITCH, CROSS, SIDE, BACK, SWEEP FROM FRONT TO BACK

- 1-2 cross rf over lf , hitch lf forward
- 3-4 cross If over rf, hitch rf forward
- 5-6 rf cross over lf, lf step to left
- 7-8 rf step behind lf, lf sweep to back

Section 4 BEHIND, SIDE CROSS, HOLD, PIVOT 1/2 TO LEFT, STEP, CLOSED

- 1-2 If step behind rf, rf to right
- 3-4 If cross over, hold
- 5-7 rf step forward, 1/2 turn left, weight on lf (3 o'clock)
- 7-8 step rf, closed on lf

FINISH, happy dancing all

Last Update: 17 Sep 2023





牆數:4