

Stomp

拍數: 32 牆數: 4 級數: Improver
編舞者: George Blick (USA) - September 2023
音樂: Stomp - Ben Gallaher



Intro: 32 Counts, Start at approx 19 secs

SEC 1 Stomp, Stomp, Coaster Step, Toe Heel Hitch Cross, Side Rock Cross

1-2 Stomp left beside right, stomp left beside right weight on right
3&4 Step left back, step right beside left, step left forward
5&6& Touch right beside left, touch right heel beside left, hitch right knee, cross right over left
7&8 Rock left to left, recover weight onto right, cross left over right

SEC 2 Side, Stomp Beside, ¼ Shuffle, Step, ¼ Pivot, Stomp, Stomp

1-2 Step right to right, stomp left beside right
3&4 Step right to right, step left beside right, turn ¼ right step right forward (3:00)
5-6 Step left forward, pivot ¼ right transferring weight on to right (6:00)
7-8 Stomp left beside right, stomp left beside right weight on right

SEC 3 Extended Weave, Kick, Step, Kick, Step, Stomp, Twist Twist

1&2& Cross left over right, step right to right, step left behind right, step right to right
3&4& Cross left over right, step right to right, step left behind right, step right to right

Restart Here on Wall 3

5&6& Kick left over right, step left to left, kick right over left, step right to right
7&8 Stomp left beside right, twist left heel to left, turn ¼ left twist left heel to center weight on right (3:00)

SEC 4 Step, Step Full Spiral Turn, Shuffle, Rocking Chair, Step, Touch

1-2 Step left forward, step right forward spiral full turn left hooking left over right (3:00)
3&4 Step left forward, step right beside left, step left forward
5&6& Rock right forward, recover weight onto left, rock right back, recover weight onto left
7-8 Step right forward, touch left beside right