

Dancing Hearts

拍數: 48 牆數: 4 級數: Beginner
編舞者: M. Vasquez (UK) - September 2023
音樂: Their Hearts Are Dancing - The Forester Sisters



[1-12] Waltz Balance – Forward, Back, Right Twinkle

1-3 Step forward on L foot, Step R foot next to L, Step L in place
4-6 Step back on R foot, Step L foot next to R, step R in place
7-9 Step back on L foot, Step R foot next to L, Step L foot in place
10-12 Cross R foot in front of L, Step L foot to L side, Step R foot to the R side

[13-24] Cross, Behind, Slide, Left Twinkle, Right Twinkle, Left Slow Sailor

1-3 Cross L foot behind R, Step R foot to R side, Slide L foot to R
4-6 Cross L foot in front of R, Step R foot to R side, Step L foot to L side
7-9 Cross R foot in front of L, Step L foot to L side, Step R foot to R side
10-12 Cross L foot behind R, Step R foot to R side, Step L foot to L side

[25-36] Right Slow Sailor, Left 1/4 Pivot Turn, Side, Slide, Right Cross Rock, Recover, Left Cross Rock Recover

1-3 Cross R foot behind L, Step L foot to L side, Step R foot to R side
4-6 On ball of R Foot pivot ¼ L, Step L foot to L side, Slide R foot next to L
7-9 Cross/rock R foot over L, Recover back on L, Step R foot in place
10-12 Cross/rock L foot over R, Recover back on R. Step L foot in place

[37-48] Left Weave, Sweep, Behind, Side, Waltz Balance Step with 1/2 Turn Left

1-3 Cross R foot over L, Step L foot to L side, Cross R foot behind L
4-6 Sweep Left foot front to back, step back on Left foot, Step R foot to R side
7-9 Step forward on L foot turning ½ L, Step R foot next to L, Step L foot in place
10-12 Step back on R foot, Step L foot next to R, Step R foot in place

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