

Bole Bole

拍數: 120 牆數: 2 級數: Phrased Intermediate
編舞者: Ema Ambunsuri (INA) - September 2023
音樂: Cha Cha Bole Bole Remix - The Cobra



Star On Lyric
No Restart - 1 Tag

Part A 1. CROSS BEHIND – RECOVER – TOE STRUT DIAGONAL FORWARD – CHASSE

1 – 2 Cross R Behind L , Recover on L
3 – 4 Touch R Diagonal Forward , Drop R Heel
5 – 6 Touch L Diagonal Forward , Drop L Heel
7 & 8 Step R to Side , Close L Beside R , Step R to Side

Part A 2. CROSS BEHIND – RECOVER – TOE STRUT DIAGONAL FORWARD – CHASSE

1 – 2 Cross L Behind L , Recover on R
3 – 4 Touch L Diagonal Forward , Drop L Heel
5 – 6 Touch R Diagonal Forward , Drop R Heel
7 & 8 Step L to Side , Close R Beside L , Step L to Side

Part A 3. CROSS POINT – BACK POINT

1 – 2 Cross R over L , Point L
3 – 4 Cross L over R , Point R
5 – 6 Step R Back , Point L
7 – 8 Step L Back , Point R

Part A 4. CROSS ROCK – SIDE – CHASSE

1 – 2 Cross R over L , Recover on L
3 – 4 Step R to Side , Recover on L
5 – 6 Cross R over L , Recover on L
7 & 8 Step R to Side , Close L Beside R , Step R to Side

Part A 5. CROSS ROCK – SIDE – CHASSE

1 – 2 Cross L over R , Recover on R
3 – 4 Step L to Side , Recover on R
5 – 6 Cross L over R , Recover on R
7 & 8 Step L to Side , Close R Beside L , Step L to Side

Part A 6. MONTREY – 1/4 TURN RIGHT (2X)

1 – 2 Touch R to Side , Touch R Beside L
3 – 4 ¼ Turn Right Touch L to Side , Close L Beside R
5 – 6 Touch R to Side , Touch R Beside L
7 – 8 ¼ Turn Right Touch L to Side , Close L Beside R

Part A 7. FLICK OUT – TOUCH SIDE – CLOSE

1 – 2 Flick R Out , Touch R to Side
3 – 4 Flick R Out , Close R Beside L
5 – 6 Flick L Out , Touch L to Side
7 – 8 Flick L Out , Close L Beside R

Part A 8. JAZZ BOX

1 – 2 Cross R over L , Step L Back
3 – 4 Step R to Side , Step L Forward

Part B 1. SIDE – TOUCH – SIDE – TOUCH – FORWARD – TOUCH – BACK – TOUCH

- 1 – 2 Step R to Side , Touch L Beside R
- 3 – 4 Step L to Side , Touch R Beside L
- 5 – 6 Step R Forward , Touch L Beside R
- 7 – 8 Step L Back , Touch R Beside L

Part B 2. SIDE – TOUCH – SIDE – TOUCH – FORWARD – TOUCH – BACK – TOUCH

- 1 – 2 Step R to Side , Touch L Beside R
- 3 – 4 Step L to Side , Touch R Beside L
- 5 – 6 Step R Forward , Touch L Beside R
- 7 – 8 Step L Back , Touch R Beside L

Part B 3. GRAPEVINE – SIDE TOUCH – CLOSE – SIDE TOUCH (R – L)

- 1 – 2 Step R to Side , Step L Back
- 3 – 4 Step R to Side , Touch L Beside R
- 5 – 6 Touch L to Side , Touch L Beside R
- 7 – 8 Touch L to Side , Touch L Beside R

Part B 4. GRAPEVINE – TWIZT

- 1 – 2 Step L to Side , Step R Back
- 3 – 4 Step L to Side , Close R Beside L
- 5 – 6 Heels Twist R Out , Heels Twist L In
- 7 – 8 Heels Twist R Out , Heels Twist L In

Part B 5. HEELS FORWARD – BACK (R – L) – HEELS TWIST

- 1 – 2 Heels R Forward , Step R Back
- 3 – 4 Heels L Forward , Step L Back
- 5 – 6 Heels Twist R Out , Heels Twist L In
- 7 – 8 Heels Twist R Out , Heels Twist L In

Part B 6. CROSS – SIDE – KICK DIAGONAL – IN PLACE (R – L)

- 1 – 2 Cross R over L , Step L to Side
- 3 – 4 Kick R Diagonal , Step R in Place
- 5 – 6 Cross L over R , Step R to Side
- 7 – 8 Kick L Diagonal , Step L in Place

Part B 7. DIAGONAL FORWARD – TOUCH - DIAGONAL BACK – TOUCH (R - L)

- 1 – 2 Step R Diagonal Forward , Touch L Beside R
- 3 – 4 Step L Diagonal Forward , Touch R Beside L
- 5 – 6 Step R Diagonal Back , Touch L Beside R
- 7 – 8 Step L Diagonal Back , Touch R Beside L

Part B 8. JAZZ BOX

- 1 – 2 Cross R over L , Step L Back
- 3 – 4 Step R to Side , Step L Forward

TAG - ROCK FORWARD – TURN 1/2 LEFT (R – L)

- 1 – 2 Step R Forward , Turn ½ Left Step L in Place
- 3 – 4 Step R Forward , Turn ½ Left Step L in Place

ENJOY THE DANCE

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