

Mariposas (Butterflies)

拍數: 32 牆數: 1 級數: High Beginner
編舞者: Joan Morro (ES) & Maribel Sanchez (ES) - September 2023
音樂: mariposas - Sangiovanni & Aitana



Intro 16 counts, 2 Restart, 1 tag

[1-8] CROSS SAMBA X 2, CROSS SHUFFLE X 2

1&2 RF cross over LF, LF rock Side, RF Recover
3&4 LF Cross over RF, RF Rock side, LF Recover
5&6 RF Cross over LF, LF Step side, RF Cross over LF
7&8 LF ½ turn L & Cross over RF, RF ste Side, LF Cross over RF (6.00)

[9-16] ROCK SIDE, CROSS SHUFFLE X 2, ROCK SIDE

1-2 RF Rock side R, LF Recover
3&4 RF Cross over LF, LF step side, RF Cross over
5&6 LF ½ turn L & Cross over RF, RF step side, LF Cross Over (12.00)
7-8 RF Rock side R, LF Recover

• Restart On wall 4 and wall 6 after count 16 there is a restart

[17-24] JAZZ BOX, STEP SIDE & TOUCH, KICK BALL CHANGE

1-4 RF Cross over LF, LF step bwd, RF step side, Lf step fwd
5-6 RF Step side, LF touch near RF
7&8 LF Kick Fwd, LF step near RF, RF Step in place

[25-32] STEP SIDE & TOUCH, KICK BALL CHANGE, MODIFIED ROCKIN CHAIR

1-2 LF step side L, RF touch near LF.
3&4 RF Kick fwd, RF step near LF, LF Step in place
5-8 RF Rock side R, LF Recover, RF Rock back, LF Recover

TAG (32 counts) After wall 7 the tag begins

[1-16] BIG CIRCLE CCW

1-2 RF Step Fwd, RF Hold
3-4 LF Step Fwd start a circle, LF hold
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15-16 In the first part of the tag you must make a circle in CCW in 16 counts.

[17- 24] STEP FWD, ½ TURN L, STEP FWD, ½ TURN L

1-4 RF step fwd, RF hold, LF ½ L & step fwd, LF hold (6.00)
5-8 RF step fwd, RF hold, LF ½ L & step fwd, LF hold (12.00)

[24-32] BODY ROLL WITH BUTTERFLY HANDS

During these eight times, you must do continuous body rolls with your body from top to bottom, while crossing your hands with the palm facing you and joining your thumbs creating the wings of a butterfly.

ENJOY THE DANCE LIKE A BUTTERFLY