

The BBQ Dance

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Carrie Ann Earl (ES) - September 2023
音樂: La BBQ Dance - Laurie Leblanc : (iTunes, Spotify)



Intro: 40 counts from beginning of track - approx 22 secs

SECTION 1 - SIDE TOE STRUT, CROSS TOE STRUT SCISSOR STEP, HOLD WITH CLAP

1-2 Touch Right Toe to Side, Drop Right Heel
3-4 Cross Left Toe Across Right, Drop Left Heel
5-6 Step Right Side, Step Left beside Right
7-8 Cross Right Over Left, Hold with Clap

SECTION 2 - SIDE TOE STRUT, CROSS TOE STRUT, SIDE ROCK/ RECOVER ¼, LEFT SHUFFLE FORWARD

1-2 Touch Left Toe to Side, Drop Left Heel
3-4 Cross Right Toe Across Left, Drop Right Heel
5-6 Rock Left to Left side, recover weight forward onto Right as you make ¼ turn Right (9:00)
7&8 Shuffle forward - left, right, left

SECTION 3 - STEP FORWARD, KICK, STEP BACK HOOK, DIAGONAL STEP-TOUCHES BACK WITH CLAPS

1-2 Step forward on Right, Kick Left forward
3-4 Step back on Left, Hook Right across Left (or touch right next to left)
5-6 Step diagonally-back Right on Right foot, touch Left foot beside Right and clap
7-8 Step diagonally-back Left on Left foot, touch Right foot beside Left and clap

SECTION 4 - MONTEREY ¼ RIGHT, STEP RIGHT, SLAP LEFT HEEL, STEP LEFT, SLAP RIGHT HEEL

1-4 ¼ turn Monterey (point right foot to right side, on ball of left foot pivot ¼ turn right stepping right foot next to left, point left foot to left side, step left next to right (6:00)
5-6 Step Right to side, raise Left behind Right leg & slap Left heel with Right hand
7-8 Step Left to side, raise Right behind Left leg & slap Right heel with Left hand

(Easier option rather than Slapping your heel, just step hook behind without slapping or just step touches – Step right side touch Left next to Right and Step Left side touch Right next to Left)

Notes –

On the Toe Struts - Section 1 & 2, you can add more styling by shimmying your shoulders as you strut.
On the last 4 counts on section 4 to add more fun you can slap your Left heel behind on counts 5-6 and when you step on the left you can slap your right heel in front rather than behind on counts 7-8

Have Fun & Enjoy !!

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