

At Your Worst

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Low Improver
編舞者: Elisabeth Elkuch-Heid (CH/LIE) - September 2023
音樂: At Your Worst - Calum Scott



[1-8] Walk, Walk, Shuffle Fwd, Step 1/2 Turn R, Shuffle Fwd (6)

1,2 Walk R Fwd, Walk L Fwd
3&4 Step R Fwd, Close L behind R, Step R Fwd
5,6 Step L Fwd, 1/2 Turn R
7&8 Step L Fwd, Close R behind L, Step L Fwd

[9-16] Full Turn L, Shuffle Fwd R, Rocking Chair L

1,2 1/2 Turn L with Step R Back, 1/2 Turn L with Step L Fwd
3&4 Step R Fwd, Close L behind R, Step R Fwd
5-8 Step L Fwd, Recover R, Step L Back, Recover R

[17-24] Step L Fwd, 1/4 Turn R (Weight R), Cross Shuffle, Side Rock, Cross Shuffle

1,2 Step L Fwd, 1/4 Turn R (9)
3&4 Step Cross L over R, small Step R to R, Step Cross L over R
5,6 Step R to R, Recover L
7&8 Step Cross R over L, small Step L to L, Step Cross R over L

[25-32] Paddle Turn Twice 1/4 R, Jazz Box, Scuff (3)

1,2 Step L Fwd, 1/4 Turn R (12)
3,4 Step L Fwd, 1/4 Turn R (3)
5-8 Step Cross L over R, Step R to R, Step L next to R, Scuff R

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Lizzy's Line Dance
