Suavemente

拍數: 32

級數: Ultra Beginner

編舞者: Nancy Hins (CAN) - September 2023

音樂: Suavemente - Soolking

Intro: 32 counts when the singer say Suavemente

Restart : None - Tag : None

Final : You will naturally finish facing the front wall, Voilà!

- Sec. 1 Side, Together, Side, Touch, Side, Together, Side, Touch
- 1-4 RF to right (1), LF next to RF (2), RF to right (3), Touch LF next to RF (4)
- 5-8 LF to left (5), RF next to LF (6), LF to left (7), Touch RF next to LF (8) (w.o. LF) 12:00

Sec. 2 Padles 1/8 x4 (making 1/2 circle to left)

- RF slightly in diagonal (1), Turn slightly to left (2) (w.o. LF) 1-2
- 3-4 RF slightly in diagonal (3), Turn slightly to left (4) (w.o. LF) 9:00
- RF slightly in diagonal (5), Turn slightly to left (6) (w.o. LF) 5-6
- 7-8 RF slightly in diagonal (7), Turn slightly to left (8) (w.o. LF) 6:00

Sec. 3 Rocking Chair X2

- 1-4 Rock RF forward (1), Recover on LF (2), Rock back with RF (3), Recover on LF (4) (w.o. LF) 6:00
- 5-8 Rock RF forward (5), Recover on LF (6), Rock back with RF (7), Recover on LF (8) (w.o. LF) 6:00

Sec. 4 V Steps X2

- RF to diagonal (1), LF to diagonal (2), RF back (3), LF back (4) (w.o. LF) 1-4
- 5-8 RF to diagonal (5), LF to diagonal (6), RF back (7), LF back (8) (w.o. LF) 6:00

5-8

Enjoy this very easy dance for ultra beginners !

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牆數: 2