

Know When To Run

拍數: 32 牆數: 4 級數: High Improver
編舞者: Andrina K Faulds (SCO) - September 2023
音樂: The Gambler (Real Hypha Remix) - Kenny Rogers



NO TAGS NO RESTARTS

Intro: Start on the word warm - Start Facing 1.30

Section 1 - Walk Forward Right Left, Right Mambo, Walk Back Left Right, Sailor 3/8 Left

1-2 Walk forward Right, Left
3&4 Forward rock on Right, recover to Left, step Right next to Left
5-6 Walk back Left, Right
7&8 Cross step Left behind Right, 3/8 turn left stepping back on Right, step Left to left [9.00]

Section 2 - Right Chasse ¼ Turn Left, Left Chasse ¼ Turn Left, Walk Walk with ¼ Turn left, run right left right ¼ Turn Left

1&2 step Right to right, step Left next to Right, step Right to right as you ¼ left [6.00]
3&4 Step Left to left, step Right next to left, step Left to left as you ¼ turn left [3.00]
5-6 Walk forward Right, ¼ turn left stepping Left forward [12.00]
7&8 ¼ turn left stepping Right forward, step Left forward t, Step forward Right [9.00]

Section 3 - Left Rock, Left Coaster, Paddle ¼ x 2

1-2 Forward rock on Left, recover to Right
3&4 Step back on Left, step Right next to Left, step forward on Left
5-6 Step forward on Right, pivot ¼ turn left
7-8 Step forward on Right, pivot ¼ turn left

Section 4 - Right Mambo, Left Coaster, Cross Side Behind Side, Cross Step Together With 1/8 Turn Right

1&2 Step forward on Right, recover to Left, step Right next to Left
3&4 Step back on Left, step Right next to Left, step forward on Left
5&6& Cross Right over Left, step Left to left, cross Right behind Left, step Left to left
7&8 Cross Right over Left, step Left to left 1/8 turn right, step Right next to Left

Last Update: 15 Sep 2023
