Twist Go Go (트위스트 고 고)



拍數: 64

牆數:2

級數: Beginner

編舞者: Monica Choi (KOR), Rosa Lee (KOR) & Chloe Cha (KOR) - September 2023 音樂: Twist Go Go (트위스트고고) - Lee Chanwon (이찬원)



* Sequence : AA, BB, AA, BB, AA, BB, AAA.

[A:1-8] : R Side Rock-Recover, Hold, Vine Step, Touch

- 1-2 Rock RF to R side, Recover on LF.
- 3-4 Cross RF over LF, Hold.
- 5-6 Step LF to L side, Cross RF behind LF.
- 7-8 Step LF to L side, Touch RF next to LF.

[A:9-16] : Side, Touch Together X 4

- 1-2 Step RF to R side, Touch LF next to RF.
- 3-4 Turn 1/4 R Step LF to L side, Touch RF next to LF. (3:00)
- 5-6 Step RF to R side, Touch LF next to RF.
- 7-8 Turn 1/4 R Step LF to L side, Touch RF next to LF. (6:00)

[A:17-24] : Rumba Box.

- 1-2 Step RF to R side, Step LF next to RF
- 3-4 Step RF fwd, Touch LF next to RF
- 5-6 Step LF to L Side, Step RF next to LF
- 7-8 Step LF back, Touch RF next to LF.

[A:25-32] : Back Rock-Recover, Forward, Brush, Pivot Turn 1/2, Forward, Touch.

- 1-2 Rock RF back, Recover on LF.
- 3-4 Step RF fwd, Brush LF.
- 5-6 Step LF fwd, Turn 1/2 R weight on RF. (12:00)
- 7-8 Step LF fwd, Touch RF next to LF.

[B:1-8] : Swivels R, Swivels L

- 1-2 Swivel both heels to R, Swivel both toes to R.
- 3-4 Swivel both heels to R, Swivel both toes to R with flick LF.
- 5-6 Swivel both toes to L, Swivel both heels to L.
- 7-8 Swivel both toes to L, Kick RF fwd.

[B:9-16] : R Cross, L Back, R Back, L Kick, L Cross, R Back, L Back, R Kick

- 1-2 Cross RF over LF, Step LF back to L diagonal.
- 3-4 Step RF back to R diagonal, Kick LF fwd.
- 5-6 Cross LF over RF, Step RF back to R diagonal.
- 7-8 Step LF back to L diagonal, Kick RF fwd.

[B:17-24] : Fwd Shuffle R, Brush, Fwd Shuffle L, Brush.

- 1-2 Step RF fwd, Step LF next to RF.
- 3-4 Step RF fwd, Brush LF.
- 5-6 Step LF fwd, Step RF next to LF.
- 7&8 Step LF fwd, Brush RF.

[B:25-32] : R Fwd Rock-Recover, Side 1/4 Turn, Hold, Pivot Turn 1/4, Cross, Hold.

- 1-2 Rock RF fwd, Recover on LF.
- 3-4 Turn 1/4 R step RF to R side, Hold. (3:00)

5-6	Step LF fwd, Turn 1/4 R weigh on R. (6:00)
7-8	Cross LF over RF, Hold.

Contacts : partnerchoi@hanmail.net rosa50511@naver.com chacjsoo@naver.com