

# Paroles. Paroles

**COPPER** KNOB  
STEPSHETS

拍數: 144      牆數: 2      級數: Phrased Easy Intermediate  
編舞者: Nicoletta Panella (IT) - September 2023  
音樂: Paroles, paroles (Radio Edit) - Dj Dark & Mentol



Sequences: intro instrumental, AA-B-C AA-B-C AA

## PART A 32 counts

### SEQ 1 (1-8) WALK, WALK, STEP LOCK STEP, STEP ½ TURN, BOTAFOGO

1-2            Step right forward, step left forward.  
3&4           Step right forward, Lock left behind right, step right forward.  
5-6           Step left forward, ½ turn right step right forward with weight h.6:00  
7&8           Cross left over right, step right to right side (with bumping), step left to left recover weight on left.

### SEQ 2 (9-16) REPEAT SEQ 1

### SEQ 3 (17-24) SIDE, TOGETHER, SIDE, TOUCH, SIDE, TOGETHER, SIDE, ½ TURN TOUCH

1-2-3-4        Bachata steps: step right to right side, step left near to right, step right to right side, toe touch left near to right h. 12:00  
5-6-7-8        Bachata steps: step left to left side, step right near to left, step left to left side h. 12:00, ½ turn right toe touch to right h.6:00

### SEQ 4 (18-32) REPEAT SEQ 3

## PART B 64 counts

### SEQ 1 (1-8) ROCK STEP, COASTER STEP, ROCK STEP, COASTER STEP

1-2            Step right forward, recover weight on left.  
3&4           step right back, step left back near to right, step right forward  
5-6           Step left forward, recover weight on right  
7&8           step left back step right back near to left, step left forward h. 12:00

### SEQ 2 (9-16) CROSS, ¼ TURN BACK, BACK TOUCH BUMPING, STEP, ½ TURN BACK, BACK, TOUCH BUMPING

1-2            Cross right over left h. 12:00, ¼ turn right step back left h.3:00,  
3-4            step right back, toe touch left forward with bumping  
5-6           Step left forward, ½ turn left step right back, h.9:00  
7-8           Step left back toe touch right forward with bumping.

### SEQ 3 (17-24) REPEAT SEQ 1

### SEQ 4 (18-32) REPEAT SEQ 2

### SEQ 5 (33-40) REPEAT SEQ 1

### SEQ 6 (41-48) REPEAT SEQ 2

### SEQ 7 (49-56) REPEAT SEQ 1

### SEQ 8 (57-64) REPEAT SEQ 2

## PART C 48 counts

### SEQ 1 (1-8) ¼ TURN ROCK STEP, ¼ TURN SHUFFLE SIDE, ¼ TURN STEP, ½ TURN, ¼ TURN SHUFFLE SIDE

- 1-2            ¼ turn left step right forward, recover weight on left h.9:00
- 3&4           ¼ turn right step right to right side, step left near to right, step right to right side h. 12:00
- 5-6           ¼ turn right step left forward h.3:00. ½ turn right recover weight on right h.9:00
- 7&8           1/2turn right step left to left side. Step right near to left, step left side.

**SEQ 2 (9-16) 1/4 TURN STEP, 1/2 TURN STEP, ¼ TURN SHUFFLE SIDE,1/4 TURN STEP, ½ TURN, ¼ TURN SHUFFLE SIDE**

- 1-2            1/4 Turn Left step right forward h.9:00, 1/2 turn left recover weight on left h.3:00
- 3&4           1/4 turn left step right to right side, step left near to right, step right to right
- 5-6           1/4 turn right step left forward h. 3:00, 1/2 turn right recover weight on right h. 6:00
- 7&8           1/4 turn Right step left to left, step right near to left, step left to left.

**SEQ 3 (17-24) MAMBO SIDE, MAMBO SIDE, 1/2 TURN WALKING SAMBA WALK**

- 1&2           Step right to right side, recover weight on left, step right close near to left.
- 3&4           Step left to left side, recover weight on right, step left close near to right.
- &5&6&7&8      Walking around; 1/2 turn right form a semicircle with samba walk: starting h.12:00 ending h: 6:00 step right forward lock step left behind right

**SEQ 4 (18-32) 1/4 TURN STEP, ¼ TURN SHUFFLE SIDE,1/4 TURN STEP, ½ TURN, ¼ TURN SHUFFLE SIDE**

- 1-2            ¼ turn right step left forward, recover weight on right h.9:00
- 3&4           ¼ turn left step left to left side, step right near to left, step left to left side h. 6:00
- 5-6           ¼ turn left step right forward h.3:00. ½ turn left recover weight on left h.9:00
- 7&8           1/2turn left step right to right side. Step left near to right, step right side.

**SEQ 5 (33-40) 1/4 TURN STEP, 1/2 TURN STEP, ¼ TURN SHUFFLE SIDE,1/4 TURN STEP, ¼ TURN SHUFFLE SIDE**

- 1-2            1/4 Turn right step left forward h.9:00, 1/2 turn right recover weight on right h.3:00
- 3&4           1/4 turn right step left to left side, step right near to left, step right to right
- 5-6           1/4 turn left step right forward h. 3:00, recover weight on left
- 7&8           1/4 turn Right step right to right, step left near to right, step right to left.

**SEQ 6 (41-48) MAMBO SIDE, MAMBO SIDE, 1/2 TURN WALKING SAMBA WALK**

- 1&2           Step left to right side, recover weight on right, step left close near to right
  - 3&4           Step right to right side, recover weight on left, step right close near to left
  - &5&6&7&8      Walking around; 1/2 turn left form a semicircle with samba walk: starting h.6:00 ending h12:00 step left forward lock step right behind left.
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