

Little Patient

拍數: 48 牆數: 2 級數: Improver
編舞者: Gary Parker (AUS) - September 2023
音樂: Patient Heart - Bekka & Billy



Start after 8 Counts. 3 Easy tags

Side Shuffle RLR, Rock, Replace, Side Shuffle LRL, Rock, Replace.

1&234 Side Shuffle R,L,R, Rock Left Behind Right, Replace Weight On Right
5&678 Side Shuffle L,R,L, Rock Right Left, Replace Weight On Left.

Step 1/2 Pivot, Shuffle Forward R,L,R, Step 1/2 Pivot, Shuffle Forward L,R,L.

123&4 Step Forward Right, Step 1/2 Pivot Left, Shuffle Forward R,L,R.
567&8 Step Forward Left, Step 1/2 Pivot Right, Shuffle Forward L,R,L,.

Step Forward, Touch, Back Touch, Back Touch, Forward Touch. (K Step)

1 2 Step Forward Right At Right Diagonal, Touch Left Next To Right.
3 4 Step Back Left At Left Diagonal, Touch Right Next To Left.
5 6 Step Back Right At Right Diagonal, Touch Left Next To Right.
7 8 Step Forward Left At Left Diagonal, Touch Right Next To Left. (K Step)

Right Strut, Left Strut, Step 1/4 Pivot, Step 1/4 Pivot.

1234 Step Forward Right Heel Strut, Left Heel Strut.
56 Step Forward Right, 1/4 Pivot Left, Weight On Left.
78 Step Forward Right, 1/4 Pivot Left, Weight On Left.

Step Side Hold, Rock Behind, Replace, Step Side Hold, Rock Behind, Replace.

1234 Step Right To Right Side, Hold. Rock Left Behind Right, Replace Weight On Right
5678 Step Left To Left Side, Hold, Rock Right Behind Left, Replace Weight On Left.

Step Forward Out, Out, Back Together. Rock Forward, Back, Back, Forward.(Rocking Chair)

12 Step Forward Right To Right Side, Step Forward Left To Left Side.
34 Step Back Right, Step Back Left Together, (V Step)
5678 Step Forward Right, Rock Back Left, Rock Back Right, Replace Weight On Left.

TAG. At The End Of Walls 3,6,8 Do the Following.

1234 Step Right To Right, Touch Left Together, Step Left To Left, Touch Right Together.
5678 Step Right To Right, Step Left Together, Cross Right Over Left, Hold.
1234 Step Left To Left, Touch Right Together, Step Right To Right, Touch Left Together.
5678 Step Left To Left, Step Right Together, Cross Left Over Right, Hold.

On the very last wall you will be facing the back, do the V step then step forward on RIGHT
Half pivot left, step on Right to face the front.

This dance can be done as a split floor with Michael Vera Lobos and Lisa Foord
Intermediate dance Patient Heart.

Contact – Gary Parker - moderncountry1@hotmail.com

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