

Repeat After Me

拍數: 32 牆數: 4 級數: Improver
編舞者: Jaye Gelwicks (USA) - September 2023
音樂: Hey Girl - Anne Wilson



(1 – 8) STEP FWD KICK, STEP BACK TAP, SIDE ROCK RECOVER, STEP, STEP 1/4 LEFT

1,2,3,4 Step R Fwd (1), Kick L (Option: Clap) (2), Step Back L (3), Tap R Next to L (Option: Clap) (4),
5,6,7,8 Rock Side on R (5), Recover L (6), Step R Next to L (7), 1/4 Left Step Fwd on L (8) 9:00

(9 – 16) STEP, PIVOT 1/2 TURN LEFT, TRANSFER, STEP, BACK HOOKSLAP, SWIVELS, HITCH

1,2,3,4 Step Fwd R (1) Pivot 1/2 Turn Left Transfer Weight to L (2), Step Fwd R (3), Back Hook Slap
L Foot (4) 3:00
5,6,7,8 Step L down near R and Swivel Both Heels Towards Left (5), Swivel Both Toes Towards Left
(6), Swivel Both Heels Towards Left (7), Weight in L - 1/4 Turn Right Hitch R (8) 6:00

(17 – 24) SHUFFLE FWD, 1/2 TURN RT, SHUFFLE BACK, ROCK RECOVER, DOUBLE KICK

1&2, Step Fwd R (1), Step L Behind R (&), Step Fwd R and 1/2 Turn Right (2), 12:00
3&4,5,6, Step Back L (3), Step R Next to L (&), Step Back L (4), Step Back R (5), Recover on L (6),
7,8 Kick R Fwd Twice (7,8)

(25 – 32) MONTEREY 1/4 TURN RIGHT, HEEL STEP R AND L

1,2,3,4, Touch R Toe Wide Side Right (1), Turn 1/4 Right On L Sliding R in and Step R Next to L (2),
Touch L Toe Wide Side Left (3), Sliding L in and Step L Next to R (4) 3:00
5,6,7,8 Tap R Heel Fwd (5), Step R Next to L (6), Tap L Heel Fwd (7), Step L Next to R (8)

Tag: (Total 16 Counts) - End of Wall 4 (9:00) - Will be 2nd time facing 12:00. *Start dance at 6:00*

DOUBLE SIDE TOGETHERS, BACK HOOKSLAPS, R THEN L WITH 1/2 TURN REPEAT DOUBLE SIDE TOGETHERS WITH R AND L BACK HOOKSLAPS ONLY:

(1 – 8)

1,-,8 Step Side Right on R (1), Step L Next to R (2), Step Side Right on R (3), Back Hook Slap L
(4), Step Side Left on L (5), Step R Next to L (6),

Step Side Left on L Turn 1/2 Left (7), Hitch R Knee (8)

(9 – 16)

1,-,8 Step Side Right on R (1), Step L Next to R (2), Step Side Right on R (3), Back Hook Slap L
Back (4), Step Side Left on L (5), Step R Next to L (6),

Step Side Left on L (7), Hitch R Knee (8)

NOTE: Dance ends at 12:00 after only 16 counts with the R Hitch.

CONTACT INFO: zumbajaye@yahoo.com for any questions or comments. Find more of my choreography on <https://www.copperknob.co.uk> or my Youtube Channel: Jaye Gelwicks

Last Update: 3 Jan 2025