

Run Like the Wind

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Bob Francis (UK) - September 2023
音樂: What I'm Here For - Nicholas Wells : (Now And Then - EP)



Intro: 32 counts - 12 seconds Start on main vocals

SEC-1 STEP, TOUCH, BACK, HOOK, RIGHT LOCK STEP, HOLD.

1-2 Step forward on R, Tap L behind R.
3-4 Step back on L, Hook R across L.
5-6 Step forward on R, Lock L behind R.
7-8 Step forward on R, Hold.

SEC-2 FORWARD MAMBO, HOLD, SIDE ROCK CROSS HOLD.

1-2 Rock forward on L, Recover on R.
3-4 Step back on L, Hold.
5-6 Rock R to R side, Recover on L.
7-8 Cross R over L, Hold.

SEC-3 SIDE TOUCH, QUARTER HOOK, FORWARD LOCK STEP, HOLD.

1-2 Step L to L side, Touch R next to L.
3-4 Step back on R making ¼ turn L, Hook L across R.
5-6 Step forward on L, Lock R behind L.
7-8 Step forward on L, Hold.

SEC-4 STEP HOLD, PIVOT HALF HOLD, V STEP.

1-2 Step forward on R, hold clap hands.
3-4 Pivot ½ turn L stepping down on L, hold clap hands.
5-6 Step R forward to R diagonal, Step forward L to L diagonal.
7-8 Step back on R, Step L back next to R.

End of Dance. Have fun & enjoy

**One little tag at the end of wall 8 facing 12-00.
Dance the first 4 counts, Start again.**

Email: robertdf Francis@btconnect.com