

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Cathy Garland (USA) - September 2023  
音樂: 85 - Andy Grammer



Intro: 16 cts - Start on lyrics

#### LINDY's R and L

1&2      Step R to right side, Step L next to R, Step R to right side  
3-4      Rock back on L, Recover on R  
5&6      Step L to left side, Step R next to left, Step L to left side  
7-8      Rock back on R, Recover on L

#### SHUFFLE FORWARD PIVOT ON L, SHUFFLE FORWARD PIVOT ON R

1&2      Shuffle forward RLR  
3-4      Step L forward, Turn ½ right (weight to right)  
5&6      Shuffle forward LRL  
7-8      Step R forward, Turn ½ left (weight on left)

#### LOCK STEPS R AND L

1-4      Step R forward, Step L behind R, Step R forward, Scuff L (or option to Hitch)  
5-8      Step L forward, Step R behind L, Step L forward, Tough R next to L (or option to Hitch)

#### STEP TOUCH WITH ¼ TURN RIGHT X2

1-2      Step R to right (starting ¼ turn R), Touch L next to R  
3-4      Step L to left side (completing ¼ turn R), Touch R next to L (3:00)  
5-6      Step R to right (starting ¼ turn R), Touch L next to R  
7-8      Step L to left side (completing ¼ turn R), Touch R next to L (6:00)

Makes a fun Contra! Feel free to add your own flair!

Last Update: 9 Nov 2024

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