

E Dey Rush

拍數: 32 牆數: 4 級數: Improver
編舞者: Gregory Danvoie (BEL) & Jossuha MORIAU (FR) - September 2023
音樂: Rush - Ayra Starr



S1. Batucada X3, cross samba X2

1-2 RF touch toes forward as you press forward, roll your hips forward to back as you put weight on L
&3&4 RF step back, LF touch toes forward as you press forward, roll your hips forward to back as you put weight on R, LF step back, RF touch toes forward as you press and roll your hips forward to back
5&6 RF cross over LF, LF step to the side, RF step to the side
7&8 LF cross over RF, RF step to the side, LF step to the side

S2. Full turn samba weave, step forward X2, step-lock-step forward

1&2& RF step forward with 1/8 turn to the R, LF step next to RF with 1/8 turn to the R, RF step forward with 1/8 turn to the R, LF step next to RF with 1/8 turn to the R
3&4 RF step forward with 1/8 turn to the R, LF step next to RF with 1/8 turn to the R, RF step forward with 1/8 turn to the R
5-6 LF step forward, RF step forward
7&8 LF step forward, RF cross behind LF, LF step forward

***RESTART**

S3. ½ Diamond to the R, syncopated step-lock-step, Paddle with ¼ turn X2

1&2 RF cross over LF, LF step to the side with 1/8 turn to the R, RF step back with 1/8 turn to the R
3&4 LF step back, RF step to the side with 1/8 turn to the R, LF step forward
&5&6 RF step forward, LF cross behind RF, RF step forward, LF step forward
7-8 RF touch to the R with ¼ turn to the L, RF touch to the R with ¼ turn to the L

S4. Cross shuffle, cross shuffle with ½ turn, R mambo, step back with hitch X2, step back

1&2 RF cross over LF, LF step to the side, RF cross over LF
3&4 LF cross over RF with ½ turn to the L, RF step to the side, LF cross over RF
5&6 RF rock to the side, recover on LF, RF step next to LF
7-8& LF step back with a hitch with R (7), RF step back with a hitch with L (8), LF step back (&)

***WALL 4: starting at 9 o'clock**

NB: Finish full turn samba weave at 9 o'clock

RESTART at the end of the second section