

# Praying Easy

拍數: 32      牆數: 4      級數: Improver  
編舞者: Isabelle Guimiot (CAN) - September 2023  
音樂: Praying - Kesha



**Intro: 16 counts - No tags, no restarts.**

**[1 – 8] Step fwd, mambo ½ turn, run, run, ½ turn sweep, behind side cross sweep cross ¼ turn**

- 1            Step R fwd (12:00)
- 2 & 3        Rock L fwd, recover R, ½ turn left step L fwd (6:00)
- 4 &         Run R fwd, run L fwd (6:00)
- 5            ½ turn left step R back, sweep L foot back (12:00)
- 6 & 7        Cross L behind R, step R to R, cross L over R and sweep R foot fwd (12:00)
- 8 &         Cross R over L, ¼ turn right step L back (3:00)

**[9 - 16] Side rock, cross, side, basic left, basic right, step side, rock back diagonal.**

- 1 2 & 3        Rock R to R side, recover L, cross R over L, step L to L (3:00)
- 4 &         Step R slightly back, cross L over R (3:00)
- 5 6 &        Step R to R, step L slightly back, cross R over L (3:00)
- 7 8 &        Step L to L, ⅛ turn right rock R back, recover L (4:30)

**[17 - 24] Walk sweep, walk sweep, step fwd, step together, step together, step back sweep, step back sweep, step back sweep, coaster step ⅛ turn.**

- 1 2 3        Step R fwd, sweep L fwd, step L fwd, sweep R fwd, step R fwd (4:30)
- 4 & 5        Step L together, step R together step L back, sweep R back (4:30)
- 6 7         Step R back sweep L back, step L back sweep R back (4:30)
- 8 &         ⅛ turn right step R back, step L together (6:00)

**[25 - 32] Run run run, step ¾ turn, sailor step, coaster step.**

- 1            Step R fwd (6:00)
- 2 & 3        Run L fwd, run R fwd, run L fwd (6:00)
- 4 & 5        Step R fwd, ½ turn left recover L, ¼ turn left step R to R (9:00)
- 6 & 7        Sweep L back step L back, step R to R, step L to L (9:00)
- 8 &         Step R back, step L together (9:00)

**Enjoy!**

**Note: you can have a look at the original choreography “Praying”, intermediate level, same steps but it turns a lot more :)**