

# Running Down To The Riptide

COPPER KNOB  
BY STEPHEN

拍數: 32      牆數: 2      級數: Improver  
編舞者: Isabelle Guimiot (CAN) - September 2023  
音樂: Riptide - Vance Joy



Intro: 16 counts

Restarts: walls 2, 5 & 8 after 16 counts

Tag: after wall 6

**[1 – 8] Rock fwd, sailor ¼ turn, step ½ turn, triple step fwd.**

1 2            Rock R fwd, recover L (12:00)  
3 & 4        Turn ¼ right sweep R back, step L to L, step R to R (3:00)  
5 6            Step L fwd, ½ turn right recover R (9:00)  
7 & 8        Step L fwd, step R together, step L fwd (9:00)

**[9 - 16] Rock fwd, and side point, and side point, and rock fwd, triple ¼ step fwd.**

1 2            Rock R fwd, recover L (9:00)  
& 3 & 4        Step R together and point L to L, and step L together, and point R to R (9:00)  
& 5 6        Step R together and rock L fwd, recover R (9:00)  
7 & 8        Step L to L, step R together, ¼ turn left step L fwd (6:00)

**\* Restart here during walls 2, 5 & 8**

**[17 - 24] Triple ½ turn, triple ½ turn, side rock and cross and cross and cross.**

1 & 2        ¼ turn left step R to R, step L together, ¼ turn left step R back (12:00)  
3 & 4        ¼ turn left step L to L, step R together, ¼ turn left step L fwd (6:00)  
5 & 6        Step R fwd, ¼ turn left recover L, cross R over L (3:00)  
& 7 & 8        Step L to L, cross R over L, step L to L, cross R over L (3:00)

**[25 - 32] ¾ turn right, out, out, and cross, unwind ½ turn, triple full turn.**

1 2 3        ¼ turn right step L back, ¼ turn right step R to R, ¼ turn right step L fwd (12:00)  
& 4 & 5        And step R out, and step L out, and step R in, and cross L over R (12:00)  
6            Unwind ½ turn right, weight is on R foot (6:00)  
7 & 8        ½ turn right step L back, ¼ turn right step R to R, ¼ turn right step L fwd (6:00)

**Tag: 8 counts, after wall 6 (facing 12:00): rock step fwd, coaster step, rock step fwd, coaster step.**

1 2            Rock R fwd, recover L (12:00)  
3 & 4        Step R back, step L together, step R fwd (12:00)  
5 6            Rock L fwd, recover R (12:00)  
7 & 8        Step L back, step R together, step L fwd (12:00)

Enjoy!